

ST. BERNARD WALTZ

This is on Old Time ballroom dance of Scotland and England. It was introduced by Charles Reindollar who learned it in Scotland.

- MUSIC: Record: London 432, "St. Bernard Waltz"
- FORMATION: Couples in closed dance position, M facing out.
- STEPS: Step-close, Waltz*, Walk.

Music (3/4)	PATTERN
-------------	---------

Measure	I. Step-close, Stamp, Walk, Waltz.
1-2	Starting to ML and WR, take 2 step-close steps in LOD (step ct. 1, close ct. 3 on each meas.).
3-4	Continuing in same direction step ML and WR (ct. 1), hold (cts. 2, 3), stamp without transferring wt. MR and WL (ct. 1), hold (cts. 2, 3).
5-6	In reverse direction, starting MR and WL, take step-close (step ct. 1, close ct. 3), second step in same direction (ct. 1), close without transferring wt. (ct. 3).
7-8	Take 2 walking steps, M starting with L moving bwd., W starting R moving fwd. twd. center.
9-10	Reverse direction, taking 2 walking steps M L, moving fwd. W R moving bwd.
11-12	With ML hand and WR hand joined and raised, W with 2 waltz steps makes one complete turn to her R under raised arms. M takes 2 waltz steps in place while W is turning.
13-16	In closed position partners take 4 waltz steps, turning CW and progressing fwd.

Note: Do not twirl lady on last 2 waltz steps.