

1973 CALIFORNIA STATE UNIVERSITY, SAN DIEGO
FOLK DANCE CONFERENCE

Presented by Bora Özkök

SALLAMA
Turkey

Pronounced: Sal-la-mah: Translation: "Swaying dance"

SOURCE: This line dance from Artvin, northeastern Turkey, was learned from Günes Ataç in Istanbul in 1970.

RECORD: BOZ-OK 103, side 1, band 2

FORMATION: Line dance for W & M. Short lines (6-8 at most) Arms straight down, little fingers hooked at the bottom. Ends of lines hold handkerchief, in free hand, wave it.

MUSIC: 2/4

STEPS: The variations can be in any order, called by the leader.

BASIC STEP: Facing in LOD, step R (ct 1) step L (ct 2) touch R heel in LOD with legs straight (ct 3) bring R leg back next to L, both knees straight (ct 4) extend L leg in LOD and touch at the heel (ct 5); bring L leg back (ct 6) stamp R in place while turning body to face ctr (ct 7) stamp again (ct 8) All three variations in this dance start with the Basic Step.

Begin dance immediately with the first introductory walking step. Begin with R, walking LOD. Walk 8 cts. Keep walking until the singing starts. Walk with a bounce.

VARIATION I:

Step fwd with L (ct 1) bending body bwd, bring R ft behind L knee and touch the face of the R ft to the back of the L knee (ct 2) step bwd on R (ct 3) bring L next to R (ct 4). Repeat cts 1-4 with opp ftwk. Repeat first 4 cts. Very sharply turn 90° to LOD. Do this by pivoting on the L. In the process of turning, slightly extend R arm straight fwd to the hooking point with the person ahead and L arm straight back to the hooking point with the person following. Start Variation I again. (Variation I is done twice at the beginning of the dance.)

VARIATION II:

Done only during the the ha ha ha, hey, hey, hey part in the middle of the dance. Done right after doing Variation I twice. Facing ctr, leap to ctr on L while swinging R in back of L knee with R knee bent (ct 1) step back on R (ct 2) stamp L twice in place (cts 3,4). *Continued...*

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Leap fwd with R while swinging L in back of R knee (ct 1)
step on L (ct 2) stamp twice on R (cts 3,4)
Repeat first 4 cts, starting with L.

At this point, do Variation I, the entire part, starting
with Basic Step, turning in for 12 cts, and the final
sharp turn to the R just before starting the Basic Step
again.

VARIATION III:

Hop to L with arms straight and land on both ft (ct 1) hop
to R (ct 2) hop again to L (ct 3) hop again to R (ct 4);
squat (ct 5) come up on L while swinging R leg in front
(ct 6) step on R (ct 7) lift L 90° in front (ct 8) extend L
in front and place it against the floor pointing ctr (ct 9)
hold (ct 10) slap L in front of R in same spot where it
rested (ct 11) bring L next to R (brushing it back) while
pivoting on R, the dancer turns sharply to R (ct 12) to begin
Basic Step again.