



SALLAMA

Silifke, Turkey

Source: SALLAMA is a spoon dance from the town of Silifke which is located on the south-central coast of Turkey. "Sallama" means "waving" and depicts the waving or swinging action used in the process of making yogurt. The goatskin is filled with milk and hung so that it can be swung. Ömer Uykulu learned this dance from İsmail İnanc, a native of Silifke, in 1972 at Boğaziçi Univ. of Istanbul.

Pronunciation: SAH-lah-mah

Record: Request Records SRLP 8140 "Turkey" Side 1 3a 2/4

Formation: Circle, alternating M and W. One M is leader that calls "Ho-pa" for step changes. Each dancer holds two spoons in each hand. One spoon is held between base of thumb and forefinger with back of spoon away from palm. Other spoon can be held between forefinger and middle finger or between middle finger and ring finger with back of spoon touching back of opposite spoon.

Spoons are played by holding thumb taut against lower spoon and using fingers to loosely click upper spoon against lower spoon. The rhythm is slow-quick-quick (slow on one hand, quick-quick on the other.)

Meas FIGURE 1 STEP-LIFT

3-12 (spoons play throughout dance) Elbows bent at shldr. height, move CCW LOD, body facing ctr,
CT 1- Step with R heel to side
CT 2- Bring L ft twd R by dropping wt on L while lifting R.

FIGURE 2 SWIM AND SKIP

(singing begins)

13-20 Turn from ctr to LOD and beg with R ft. step-hop around circle while arms make overhand swimming motions. L arm moves fwd when R knee is up, R arm moves fwd when L knee is up (R,L,R,L,R,L,R,L)

FIGURE 3 SKIP-LIFT

21-24 After last skip on L of figure 2 turn and face ctr and stepping with R heel to side, Repeat Figure 1 for 4 steps to R with R.

FIGURE 4 TOUCH-HOP TWD CTR

- 25-30 CT 1- With wt mainly on L, touch R ft to front
CT &- Push off ball of R ft while hopping bkwd on L ft.
CT 2- Jog on R
CT &- Jog slightly fwd on L. Arms are held shldr height, elbows bent slightly during sequence.
Do this entire step 6 times twd center

FIGURE 5 TOUCH-HOP IN AND OUT

(singer repeats musical phrase of figure 4)

- 31-36 Repeat instructions for figure 4 except step is done first twd ctr; the thens CCW to face outside circle. Turn CW to face ctr again.

When facing ctr R arms is curved overhead , L arm is dwn and behind.
When facing outside circle, L arms curved overhead with R arm down and behind. this entire step is done 6 times: Ctr, out, ctr, out, ctr, out.
Make quick turn CW to face ctr again.

FIGURE 6 CLAP-TURN

(instruments only)

- 37-46
CT 1- Stand still, clap spoons and hands once, shout "Hey" on clap
CT 2- Clap spoons and hand again shout "Hey" on clap
CT 1- Turn 1/2 CCW in place putting R heel dwn (you are now facing outside circle)
CT 2- Turn 1/2 CCW same way to face center again. During turns elbows are at shldr height. Entire sequence is - CLAP, CLAP, 1/2 TURN, 1/2 TURN, CLAP, CLAP, 1/2 TURN, 1/2 TURN, CLAP, CLAP

FIGURE 7 TURN

- 47-54
Using step-lift from figure 1, make CCW turn taking small steps and pivoting around L ft. (about 8 R steps) L arm is over head, R dwn at side. Focus is down at R hand and body leans twd R. As you come around to face ctr, begin figure 1 immediately, and continue dance through again and finish at end of figure 1. On last beat arms go straight up and everyone shouts "Hey".

Presented by Ömer Uyuklu

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