

Samiotisa

(Greece)

Formation: Lines of dancers, with the leader to the R of each line.

Note: This dance is of the Kalamatianos dances.

Introduction - optional.

Part I - Traveling

- 1 & Slight hop on L ft (optional-about an 1/8 note in time).
 Slow Facing center, step on R to R.
 Quick Step on L behind R.
 Quick Pivoting to face CCW, step on R fwd (CCW).
- 2 & Slight hop on R ft (optional).
 Slow Step fwd in LOD (CCW) on L. Hold.
 Q-Q Step fwd two steps in LOD, R, L.

Part II - Balance

- 3 & Slight hop on L ft (optional)
 Slow Turning to face center, step on R to R. Hold.
 Quick Step on L crossing in front of R.
 Quick Step on R in place.
- 4 & Slight hop on R ft (optional).
 Slow Step on L to L.
 Quick Step on R crossing in front of L.
 Quick Step on L in place.

Variations: The leader often does turn steps on the traveling, and squatting steps or jumps on the balance.