

DISC - CRIPTIONS

SANDANSKO HORO

(Bulgaria)

PRONUNCIATION: sahn-DAHNSKOH hoh-ROH.

RECORD: Worldtone V.T-YM-004 (7", 45 rpm).

SOURCE: Learned from Yves Moreau in Chicago, May 1972.

RHYTHM: 22/16 (unusual), counted as Quick-Quick-Quick-Slow, Quick-Quick-Quick-Slow-Quick-Quick (1-2, 3-4, 5-6, 7-8-9; 1-2, 3-4, 5-6, 7-8-9, 10-11, 12-13) or 1-2-3-4; 1-2-3-4-5-6.

FORMATION: Mixed line, facing slightly to R, hands joined down at sides ("V" position), weight on L ft.

PATTERN

Meas No introduction. Leader may begin at start of any musical phrase.

- 1 Hop in place on L ft, raising R ft slightly and pointing it in LOD (CCW) (ct 1), step fwd in LOD on R ft (ct 2), close ball of L ft behind R heel (ct 3), step fwd in LOD on R ft (ct 4).
- 2 Hop in place on R ft, raising L ft slightly and pointing it in LOD (ct 1), step fwd in LOD on L ft (ct 2), close ball of R ft behind L heel (ct 3), step fwd in LOD on L ft (ct 4), take a small leap in LOD onto ball of R ft (ct 5), step fwd in LOD on L ft (ct 6).
- 3 Take a small hop in place on L ft, raising R ft slightly and pointing it in LOD (ct 1), hop again on L ft, turning to face ctr and pointing raised R ft fwd twd ctr (ct 2), take a third hop on L ft, turning to face RLOD (CW) and pointing raised R ft fwd in RLOD (ct 3), step fwd in RLOD on R ft (ct 4). NOTE: During the three hops on the L ft in this Meas the slightly raised R ft remains off the floor and slightly fwd, so that it just follows along as the body turns on the hopping ft.
- 4 Take a small leap fwd in RLOD onto ball of L ft (ct 1), step fwd in RLOD on R ft (ct 2), repeat action of Meas 4, cts 1 & 2 exactly (cts 3, 4), hop in place on R ft, turning 1/4 turn CW to face ctr (ct 5), take a small step bkwd away from ctr on L ft, turning 1/4 turn CW to face LOD (ct 6).

Repeat exactly from the beginning.

CUES: Hop, Step-Close-Step.  
Hop, Step-Close-Step, Leap-Step.  
Hop-Hop-Hop-Step.  
Leap-Step, Leap-Step, Hop-Step.

As Taught At International House Of The University Of  
Chicago By Dee And Frank Alsberg, January 1979

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