

SAPIKO

Note: I don't know the source of this dance. The chorus is a variant of a syrti Israeli style, done to hasaposerviko music. I have been told the music is by Aris San, a Greek-Israeli. The name is 'Sapiko' because in Hebrew, 'Ha' is a prefix meaning 'the', and therefore Hasapiko is thought by some Israelis to mean 'The Sapiko'.

Formation: Circle, holding hands, facing center, moving CCW

CHORUS:

- 1-2 : Step R ft to R side
 - 3 : Step L ft behind R
 - 4 : Step R ft to R side
 - 5-6 : Step L ft to R (sometimes preceded by a quick preliminary hop on R ft)
 - 7-8 : Turn R in 2 steps (R,L)
 - 9-10 : Step R ft to R side, facing ctr again
 - 11-12 : Cross L ft over R, and step back on R ft
 - 13-16 : Repeat 9-12 opposite
- Repeat Chorus 3 more times

FIGURE I:

- 1 : Step R ft to R side
 - 2 : Clap hands
 - 3-4 : Step L ft to L side, and clap hands again
 - 5-6 : Step R ft to R side
 - 7-8 : 3 steps to R, starting crossing L ft over R
- Repeat 3 more times

REPEAT CHORUS

FIGURE II:

- 1-4 : Repeat Fig. I, 1-4
- 5 : Slight leap on R ft to R side, but prepare for a L turn
- 6 : Slight leap on L ft to L side, starting a turn to the L. At the same time slap the R hand on the R foot
- 7-8 : Complete the turn with 2 more steps (R,L)

Dance directions by Stan Isaacs