

Presented by Dave Rosenberg

SAPPO

Finnish

- SOURCE:** As learned from Sirkka Viitanen and Hilikka and Jussi Williams, Helsinki, Finland
- RECORD:** To be available from Folk Dancer
- FORMATION:** Two couples facing each other. Girl stands at right of her partner. Couples should be number 1 and 2.

Pattern

PART I. HEEL TOE AND CROSSING OVER

All put hands on hips, making a fist, and turn right shoulder toward center of set. Hopping on left foot, place right heel forward, then place right toe near left foot. Repeat "heel toe" three more times. Use last hop to change weight to right foot and turn left shoulder toward center. Then do four "heel toe's" with the left foot.

Girls clap once and with four walking steps change places with each other, passing left shoulders. Boys do the same. Repeat so that all end up in original position.

Repeat all of Part I. On the last measure, move into a new, all four in a straight line as follows. Girl #1 stands behind her partner; Man #2 stands behind his partner. Girl #2 and Man #1 face each other.

PART II. PEEKING

Those standing behind their partners do the peeking first. They place right hand on partner's right shoulder and peek over the left shoulder, placing their left hand over their eyes (as if to shield eyes from sun). Then they peek over right shoulders. Repeat the action, flirting with the opposite person. Partners pretend to be vexed.

Those in center (Girl #2 and Man #1) take one step to left, and Girl #1 and Man #2 (the peekers) clap own hands once, then join hands and skip clockwise with eight skipping steps; then counterclockwise for eight skips. They end up facing each other on the inside, with their partners standing behind them, all four in a line.

Repeat, with Girl #1 and Man #2 doing the peeking, as above. On last measure, get into new position. All four are in line, with the men standing back to back, facing their partners.

continued...

Sappo (cont'd)

PART III. REEL STEP IN PLACE AND REEL OF FOUR

All start with right foot and take six reel steps. (Place right foot around in back of left foot, moving it in a slight arc, and hop on it. Continue with alternate feet.) End with three light stamps in place, right, left, right.

Repeat, beginning with right foot. (Note that you have just used the right foot, so make last of the three stamps just a touch with right foot.)

With running steps, starting on left foot, hands on hips with a fist, execute a reel of four. Pass right shoulders first with partner, then left shoulders in the center. Continue weaving in and out, turning at the end of the line--pass right shoulders on the ends and left in the center. Make a generous loop at each end, in order to have proper shoulder ready. The reel takes 28 running steps, and ends with three light stamps in place, right, left, right. End up with girls back to back in center, facing partners, all four in a line.

Repeat all of Part III, the reel steps in place and the running reel of four.

End dance with men back to back in the center and all bow to partners.