

# Sar Hamemune

(Israel)

Sar Hamemune was choreographed by Israel Yakovee to traditional Yemenite music.

Pronunciation:

Cassette: Israel Yakovee '93

Formation: Circle of individuals facing center.

Cts

Pattern

## INTRODUCTION

### PART I. Facing center.

- |       |  |
|-------|--|
| 1-2   | Lift on R in place.  |
| 3-4   | Step fwd on R.   |
| 5-6   | Step on L close to R, knee bend.   |
| 7-8   | Bend both knees in place.  |
| 9-16  | Repeat cts 1-8 bkwd.   |
| 17-20 | Sway R; sway L; stamp on R in place; circle L behind R.                          |
| 21-24 | Step on L across behind R; step on R to R; step on L across in front of R; hold. |
| 25-28 | Sway R, L in place; touch R heel twice.  |
| 29-40 | Repeat cts 17-28.  |

### PART II. Facing center, hold hands.

- |       |  |
|-------|--|
| 1-4   | Yemenite R, on last step (R) pivot 1/4 to face CW; pause.          |
| 5-8   | Walk bkwd L, R, L, pause.  |
| 9-10  | Touch R heel fwd and fall fwd.                                     |
| 11-12 | Step fwd on L; pivot on L to face outside of the circle.           |
| 13-16 | Yemenite R facing outside.   |
| 17-20 | Step on L to L; pivot 1/2 CW to face inside the circle.            |
| 21-24 | Sway R, L in place; close R to L, bending knees; bend knees again. |

Presented by Israel Yakovee