

SARAKINA

(Edessa, Macedonia)

From the region of Edessa in central Macedonia comes the dance Sarakina a “paidusko” like dance which is also called Baiduskino. There are slight variants village to village. This version is as performed in the village Promahi (Bahovo) to either 3/4 meter music or 7/16 meter music, often to the tune Raikos which is danced differently elsewhere.

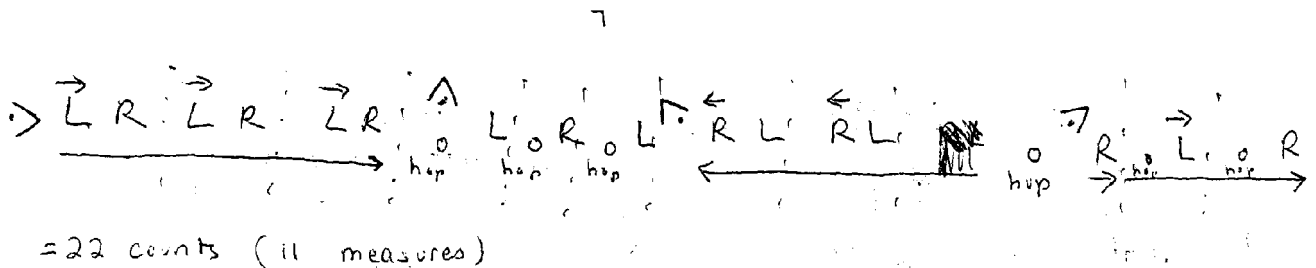
FORMATION: Open circle either in W or V hold.

RHYTHM: 3/4 (1-2) or 7/16 (3 - 2-2)
(3 - 4)

METER: 3/4 or 7/16 PATTERN

Meas

- 1 Facing and moving LOD step L (ct 1); step R (ct 2).
- 2-3 Repeat meas 1 two times.
- 4 Face center, hop on R (ct 1); step on L (ct 2).
- 5 Repeat meas 4 with opp ftwk.
- 6 Repeat meas 4.
- 7 Facing diag L and moving RLOD, step on R across L (ct 1); step on L (ct 2).
- 8 Repeat meas 7.
- 9 Hop on L, turning to face diag R (ct 1); step on R to R (ct 2).
- 10 Moving LOD, hop on R (ct 1); step on L across R (ct 2).
- 11 Hop on L (ct 1); step on R to R (ct 2).



Presented by Joe Kaloyanides Graziosi at the Laguna Folkdancers Festival 2004