

1966 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Larisa Lucaci

SARBA
(Romania)

MUSIC: Record: Any Sarba music or rhythm. Recommended: Monitor MF 314, Side 1, Band 1, 2, and 4; Side 2, Band 1.

FORMATION: Open circle, line, hands on each other's shoulders.

THE DANCE

Basic Step: One slow step sideward to the Left with the Left foot, while swinging the Right foot in front of the Left foot.

Three small steps to the Right beginning with the Right foot, Left foot following in the back.

While maintaining this step and rhythm, the Caller or any of the dancers may command some variations like:

Variations: "Si pe loc pe loc pe loc sa rasara busuioac" so the basil plant may grow

Which means, now do the same step in place, and could be shouted beginning with the step with the Left foot to the Left

Variation 1: Step L, hop L, while swinging R across in front, step on R across in front of L, step back onto L, step to R on R, hop on R swinging L across in front of R.

To return to basic Sarba after Var. I, call "DATII (da-tsi!) DRUMUL SA SE DUCA"

2. The next command is, Si la stanga trei ciocane, meaning, and to the Left with three stamps. Upon the completion of the command:

Three steps to the Left, one stamp with the Right foot in place.
Three steps to the Right.
Three steps to the Left, two stamps.
Three steps to the Right.
Three steps to the Left, three stamps, slow ones, then three quick and the Right knee down to the floor.

3. Start the dance with the basic step.

At the command, "Bate una acu", meaning, stamp one ^(near) now. Upon completion of the command, step with the Left foot to the Left, Right foot over the Left once and continue the basic ^(near) after completing a step swing L & R

"Bate doua acu", meaning, stamp two ^(near) now. (LRLR) and step swing L & R

"Bate doua acu amandoua", meaning, stamp two in both directions.

"Bate trei acu", meaning, stamp three ^(near) now. Same as one stamp only two additional maintaining the same rhythm. and step swing L & R.

after two to L do one step swing to L, then
after two to R do one step swing to R complete
the step. continue with basic sarba step