

SIRBA DE LA BELCESTI
(Roumania)

Source: Learned by Mihai David while a member of the Romanian State Folk Ensemble, 1965-68.

Pronunciation: SIR-buh deh lah bel-CHESHT

Music: 2/4 meter Gypsy Camp Vol. 3

Formation: Shoulder hold.

Meas. Description

16 meas. Introduction

FIGURE 1 - face ctr.

- 1 Step R (ct 1) hop on R raising L in front (ct 2).
- 2 Step L (ct 1) hop on L raising R in front (ct 2).
- 3 Step R to R (ct 1) step L behind R (ct 2).
- 4 Step R to R (ct 1) step L behind R (ct 2).
- 5 Face slightly LOD, step R (ct 1), hop on R (ct 2).
- 6 Step L (ct 1), hop on L (ct 2).
- 7 Face ctr, cross R in front of L with plie (ct 1), step L to L (ct 2).
- 8 Cross R in front with plie (ct 1), step L to L (ct 2).
- 9-32 Repeat meas 1-8 three more times.

FIGURE 2

- 1 Step R (ct 1), stamp L no weight (ct 2).
- 2 Step L (ct 1), stamp R no weight (ct 2).
- 3 Step R to R (ct 1), cross L behind (ct 2).
- 4 Step R to R (ct 1), cross L behind (ct 2).
- 5 Step R (ct 1), hop on R raising L in front (ct 2).
- 6 Step L (ct 1), hop on L raising R bringing it to back (ct 2).
- 7 Step R back (ct 1), hop on R bringing L to back (ct 2).
- 8 Step L back (ct 1), hop on L raising L in front (ct 2).
- 9-16 Repeat meas 1-8, fig 2.

FIGURE 3 - in and out of center

- 1 Step on R heel into ctr (ct 1), close L behind R (ct &), fall onto R in place (ct 2).
- 2 Step on L heel fwd (ct 1), close R behind L (ct &), fall onto L in place (ct 2).

continued --

SIRBA DE LA BELCESTI (continued)

- 3 Close R ft to L. (ct 1,2).
4 Swvl heels R, L, R, L (cts 1,2,1,2).
5 Step R back out of ctr (ct 1), L (ct 6),
R (ct 2).
6 Leap onto L (ct 1), stamp R (ct 2).
7 Jump with feet apart (ct 1), jump feet together
(ct 2).
8 Repeat meas 7, fig 3.
9-16 Repeat meas 1-8, fig 3.

Presented by Mihai David

South Country 79

Notes by Maria Reisch/vm