

SIRBA DE LA FOLTICENI

Record: Romania, Romania Vol.I, #6565 Side 1 Band 2
Formation: Circle...facing centre...arms on shoulders

Intro of 8 counts

counts Figure I ("Step behind")

- 1 Step R, step L behind R
 - 2 Repeat 1
 - 3 Step R, Swing L in front of R and hop on R
 - 4 Step L, Swing R in front of L and hop on L
 - 5 Step R, Step L behind R
 - 6 Step R, Step L in front of R
 - 7 Step R behind L, and hop on R
 - 8 Step L behind R, and hop on L
- 9-32 Repeat 1-8 three times

Figure II ("Run")

- 1 Moving CCW, Run RLR
 - 2 Run LRL
 - 3 Step R, Hop R
 - 4 Step L, Hop L
 - 5-6 Step R, Step L behind R, Step R, Step L in front of R
 - 7-8 Repeat 5-6
- 9-32 Repeat 1-8 three times

Figure III ("Slide")

- 1 Slide R, Close L to R
- 2 Repeat 1
- 3 R hop diagonally forward to the R
- 4 L hop forward towards centre, swinging R foot in an arc in front of L so that R crosses in front of L
- 5 Step R, (now moving back out of circle), Step back on L
- 6 Step R across L, Step back on L
- 7 Step R behind L and hop on R
- 8 Step L behind R and hop on L

(note: In this figure, each dancer describes a CCW circular pattern on the floor)

- 9-32 Repeat 1-8 three times

Dance sequence: I,II,III,
I,II,III,
I,II

Presented by Alexandru David
North Country Folk Dance Camp 1979