

STAMPING SARBA
(Romania)

This is the basic Sarba with a simple variation.

Record: Woodlands 6804.

Step on right, simultaneously swing left across in front. Repeat using opposite footwork. Step on right to right, step behind with left. This is the basic Sarba.

Variation: When the music changes, step with right to right, step behind left, step right to right, stamp left LIGHTLY beside right. Repeat with opposite footwork. Repeat again to right. Step left, stamp right LIGHTLY beside left twice.

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