

SÁRKÖZI LASSÚ ÉS FRISS CSÁRDÁS
(Hungary)

Slow and Fast Csárdás from Sarkoz. The lassú style of this csárdás begins with the couple (M & W) facing each other, holding hands with their arms straight out and down a little. The csárdás step itself is done forward and backward, and then progresses into the shoulder-to-shoulder standard csárdás hold. The music then increases in speed into the friss.

PRONUNCIATION: SHAR-kuh-zee lahshoo ish freesh CHAR-dahsh

MUSIC: Karpatok Orchestra, KR4501, Side 2

FORMATION: Arrangement by Tibor Toghia

MOTIFS:

1 Forward/Backward Csárdás:

Step on L ft fwd (ct 1); step on R ft fwd (ct 2); step on L ft fwd (ct 3);
pause (ct 4)
Rpt with opp ftwk and direction
WOMEN: use opp ftwk

2 Forward/Backward Csárdás with Stamp Cifra:

Step on L ft and R ft fwd (cts 1-2); step on ft in place (ct 3); step on R
in place (ct 4); step on L ft in place (ct 5); step on R ft bkwd (ct 6);
step on L ft bkwd (ct 7); MEN: bend knees and at same time open/turn heels
outward (ct 7); straighten knees and at same time close/click heels tog (ct 8)
WOMEN: use opp ftwk. Ct 7 is step on R ft bkwd; ct 8 is pause.

3 Double Csárdás:

Step on L ft to L side (ct 1); step on R beside L in place (ct 2); step on
L ft to L side (ct 3); close R ft to L with partial wt (ct 4)
Rpt with opp ftwk and direction

MEN'S VARIATION: (using L ft only) Step on L ft behind R with slight knee
bend (cross in back) (ct 1); step on R ft to R side (ct 2); step on L ft in
place (ct 3); close R to L (ct 4)

4 Csallogato:

Same as Double Csardas (#3) but cpls break shldr hold and move away from ea
other and turn around by themselves and move fwd and away from their ptrs,
before joining in a shldr hold again

5 Pihenő: (Rest)

With ft tog, bend knees (ct 1); while straightening knees, L ft steps back
(ct 2); step with R ft in place with knee bend (ct 3); move L ft next to R
in place (ct 4)

6 Step Hop:

Step with R ft in place, lift up L leg (ct 1); step with L ft in place, lift
up R leg (ct 2)
WOMEN: Opp ftwk

7 Dobanto: (Women)

With ft tog, bend knees (ct 1); swing L ft to L side, wt on R ft (ct 2);
ft tog, bend knees (ct 3); swing R ft to R side, wt on L ft (ct 4)

Continued...

SARKOZI LASSU ES FRISS CSARDAS: (cont'd)

MOTIFS: (cont'd)

8 Bokázó: (Men)

Starting pos, ft tog; bend knees and at same time open/turn heels outward (ct 1); straighten knees and at same time close/click heels tog (ct &); Rpt same way

9 Bokázó Variation: (Men)

Stamp on L ft while lifting R ft (ct 1); close R ft to L ft with a heel click (ct &); stamp on R ft while lifting L ft (ct 2); close L ft to R with a heel click (ct &)

10 Half Grapevine:

Step on R ft across in front of L (ct 1); hop on R ft while bringing L ft around in front of R (ct &)
Rpt with opp ftwk

11 Rida:

Step on R ft across in front of L ft with small knee bend (ct 1); step on L ft to L side (ct 2); Rpt same direction. Also done opp ftwk & opp direction

METER:

PATTERN

Meas

INTRODUCTION:

LASSU CSÁRDÁS:THE DANCE

Starting pos: Ptnrs hold hands low and in front

Melody A I:

1-12 Forward/Backward Csárdás (#1) 6 times

Melody A II:

1-12 Forward/Backward Csárdás with Stamp Cifra (#2) 6 times

Melody B I:

Cpls face ea other and use shldr-waist pos

1-4 Double Csárdás (#3) 1 time, once to L and once to R

5 Double Csárdás with Men's Variation (#3)

6 Double Csárdás (#3)

7 Double Csárdás with Men's Variation (#3)

8-10 Double Csárdás (#3) 3 times

11 Double Csárdás with Men's Variation (#3)

12 Double Csárdás (#3)

Melody B II:

1-12 Do Csallógató (#4), improvising by coming fwd to ptr and away (teasing)

Melody C I:

Rpt Melody B I

FRISS CSÁRDÁS:Melody A I:

1-4 Do Pihenő (#5) 4 times

5-12 Do Step Hop (#6) 8 times

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SARKOZI LASSU ES FRISS CSARDAS: (cont'd)FRISS CSARDAS: (cont'd)Melody A II:

- 1-4 Do Pihenő (#5) 4 times
 5-12 M do Bokázó Variation (#9) 8 times
 W do Dobanto (#7) 8 times

Melody B I:

- 1-8 Do Pihenő (#5) 8 times
 9-12 Do Rida (#11) to R (CCW)
 13-16 Do Rida (#11) to L (CW)

Melody B II:

Rpt Melody B I

Melody C I:

- 1-4 Do Pihenő (#5) 4 times
 5-12 M do Bokázó (#8) 16 times
 W do Dobanto (#7) 8 times

Melody C II:

- 1-4 Do Pihenő (#5) 4 times
 5-8 Do Half Grapevine (#10) 4 times
 9-12 Do Rida (#11) to the R (CCW)

Presented by Tibor Toghia
 Idyllwild F.D. Camp, 1987

continued...
 (ERRATA)

- 40 SÁRKÖZI LASSU ÉS FRISS CSÁRDÁS (note accents)
 Accents: line 1, Csárdás, Sárköz; line 3, csárdás
 Fwd/bkwd Csárdás with Stamp Cifra, W: use opp ftwk with a light
 run.....delete ~~is-pause~~ replace with: hop on L bringing R
close to L ankle.
 add: Motif 2a: Fwd/Bkwd Heel Click Variation
 ct 1: Hop R fwd closing L to R with click
 2: " L " " R " L " "
 3&4: Step LRL in place with accent.
 5-6: Step RL bkwd
 7: Jump into 2nd pos (stride), knees bent, pigeon toed
 8: Close ft tog with click.
 Double Csárdás (note accents), add under M Var: W Var - walk RL
fwd (cts 1-2); step R to R (ct 3); close L to R (ct 4).
 Csalligato, line 2 change to read: other and circle R or L
individually and move fwd....
 Pihenő (note accents) add: Move slightly L during step.
 Line 1, add to end of line: leave R in place.
 Line 2, ct 4, change ~~move~~ to close
 Step Hop, replace with: Step R to R slightly, lift L leg
 (ct 1); hop on R, close L to R ankle (ct 2); repeat cts 1-2
with oppft (cts 3-4).
 Dobanto, cts 2 and 4, change to:wt on ball of R/L ft
 Add after ct 4: Note-Finish with close when doing Dobanto
sequence.
Styling Note: M drop hands to W waist and push her sdwd so
that she moves like a bell.
- 41 Bokázó, M, change ct 8 to ct 2
 Bokázó Var, ct 1:...lifting R ft sdwd (ct 1);
 Half Grapevine, change R to L and L to R throughout
 Under Melody A II add, Melody A III: meas 1-12, M and W do