

~~SÁRKÖZI TÁNCOK~~
UGRÓS
SÁRKÖZI ~~TÁNCOK~~
(Hungary)

43.

Sárkőz is an area of Tolna County near the Danube River in southern Hungary, in the region called Dunantul or Transdanubia. Dances from Sárkőz.

SÁRKÖZI UGRÓS (Jumping dance from Sárkőz). The Ugrós type of dance represents a large family of dances with roots reaching back to the Late Middle Ages. The surviving variations of this dance type are widespread all over the Hungarian language territory. They appear under different names (OLAHÓS, MARS, DUS, CINEGE, etc.) in a variety of formations (group, solo, couple, circle), with different functions and also with a different degree of technical difficulty from simple to quite complicated.

PRONUNCIATION: SHAR-kuh-zee OO-grohsh

MUSIC: Kárpátók Orchestra, KR4501, Side 1

FORMATION: Arrangement by Tibor Toghia

MOTIFS:

1 Piheno: (Rest Step)

Step on L ft to L side (ct 1); step (close) on R ft beside L (ct 2); lift up L and R heel, but L heel higher than R (ct 3); place both heels back on ground (ct 4); pause (ct 4)

2 Rest Step with Bounces:

Step on L ft to L side (ct 1); step on R ft beside L (ct 2); close L to R with a bounce (ct 3); bounce on both ft (ct 4); lower heels to floor (ct 4)

3 Scissor Jump:

Jump into small 4th pos, L ft fwd in front of R; L ft carries on partial wt (ct 1); small leap onto L ft to L side, lift up R ft (ct 2); close R to L, wt on both ft (ct 3); pause (ct 4)

4 Double Scissor Jump:

Jump into small 4th pos, L ft fwd in front of R; L carries only partial wt (ct 1); symmetrical rpt of ct 1 (ct 2); jump into 1st pos parallel (ct 3); pause (ct 4)

Variation: Rpt as above (cts 1-2); step in place R,L,R ^{w/accent} (cts 3 & 4)

5 Háromugrós: (Three Jumps)

Leap onto R ft; at same time lift L ft in front of R lower leg with bent knee and turned out toes (ct 1); hop on R ft; at same time swing L lower leg to L side with slightly turned in toes (ct 2); close L ft to R, wt on both (cts 3 & 4); rpt cts 1-2 with opp ftwk (cts 5-6); close R ft to L, wt on both (ct 7); pause (ct 8)

Variation A: Same as above (cts 1-2); step in place, L,R,L (cts 3 & 4); same as above (cts 5-8)

Variation B: Rpt cts 1-6 (cts 1-6); step in place R,L,R (cts 7 & 8)

6 Grapevine:

Step on R ft across in front of L with small knee bend (ct 1); step on L ft to L side and straighten knees (ct 2); step on R ft behind L ft with small knee bend (ct 3); step on L to L side (ct 4)

Rpt in same direction

Variation: Step on R ft fwd and slightly cross in front of L (ct 1); hop on R ft in place (ct 2); step on L in place (ct 3); step on R behind L (ct 4); step on L in place (ct 4)

Continued...

SARKOZI TANCOK: (cont'd)

METER:	PATTERN
Meas	INTRODUCTION:
	<u>THE DANCE:</u>
	<u>Melody A I:</u>
1-5	Do Piheno (#1) 5 times
6-12	Do Scissor Jump (#3) 7 times
	<u>Melody A II:</u>
1-5	Do Piheno (#1) 5 times
6-12	Do Double Scissor Jump (#3) 7 times
	<u>Melody A III:</u>
1-5	Do Piheno (#1) 5 times
6-12	Do Double Scissor Jump with Variation (#4) 7 times
	<u>Melody B I:</u>
1-6	Do Rest Step with Bounces (#2) 6 times
	<u>Melody B II:</u>
1-6	Do Grapevine (#6) 6 times
	<u>Melody B III:</u>
1-6	Do Grapevine Variation (#6) 6 times
	<u>Melody C I:</u>
1-4	Do Piheno (#1) 4 times
5-8	Do Háromugrós (#5) 4 times
	<u>Melody C II:</u>
1-4	Do Piheno (#1) 4 times
5-8	Do Háromugrós Variation A (#5) 4 times
	<u>Melody C III:</u>
1-4	Do Piheno (#1) 4 times
5-8	Do Háromugrós Variation B (#5) 4 times
	<u>Melody D I:</u>
1-6	Do Rest Step with Bounces (#2) 6 times
	<u>Melody D II:</u>
1-7	Do Grapevine (#6) 6 times
	<u>Melody D III:</u>
1-6	Do Grapevine Variation (#6) 6 times. End this last meas with a L,R,L

continued...
(ERRATA)

- 43 SÁRKÖZI TÁNCOK UGRÓS - note name change (note accents)
Formation, add: closed circle dance with hands in "W" pos.
Dance continuously moves to the L.
Pihenő (note accents)
Line 2-3, change ct 3 to &; ct & to 3
Double Scissor Jump, line 1, change beg; delete ~~into~~ then
change to: Jump onto both ft in a small 4th.....
Háromugrós (note accents)
Grapevine, add: Styling - Can have either sdwd or in and out
feeling.
Grapevine Variation, add to end of ct 1:..front of L with
accent (ct 1).....add after ct 4; hop on L (ct &).
- 44 Meter: 2/4 notated in 4/4