

SAUERLÄNDERSAUERLAENDER QUADRILLE NO. 5

(A German quadrille from Neheim-Husten, Westphalia)

Music: Record: Folkdancer MH 1129  
 Piano: Westfaelische Heimattaenze, Otto Ilmbrecht  
 Hanseatische Verlagsanstalt, Hamburg  
 (Available thru Gretel Dunsing c/o George Williams  
 College, 5315 Drexel Ave., Chicago 15, Illinois)

Formation: Four couples in a square  
 1st couple faces music  
 or top of hall

		1st cpl		
		W M		
3rd	M		W	4th
cpl.	W		M	cpl.
		M W		
		2nd cpl.		

Steps: "Neheimer Schritt" (Neheimer Step)  
 as described below is being used throughout the dance, either  
 going fwd or sdwd. "Fwd" or "Sdwd" refers to the second  
 part (second meas) of the Neheimer Step (abbreviated N. S.).  
 The music is written in 2/4 time, 4 eights to a meas.

Meas. Pattern

1 Toes of L ft point in such a way that the L ft is at R angles to the R ft (L toes close to R instep) (ct. 1). Now point toes of L ft outward in such a way that the heel is at R angles with the R ft (close to instep) (ct. &). The L heel is placed in such a way that the toes point fwd, parallel to the other ft. (ct. 2). Toes of the L ft touch fwd - ft is parallel to the R ft. (ct. &).  
 Note: Throughout the maneuvers of the L ft you hop once for each eights on the R ft - 4 hops. Prompt: Toe in - Toe out - Heel - Toe.

2 When going sideways: Step L sdwd (ct. 1), Step R behind L, close to the L ft (ct. &), close in with L ft (ct. 2) and rest (ct. &).  
 Prompt: Step - behind - close - rest.  
 When going forward: Step L fwd (ct. 1), Step R fwd (ct. &), close L to R ft (ct. 2), and rest (ct. &).  
 Prompt: Step-Step-Close-Rest.  
 We are describing the N.S. L only. Start L when going to the L. Start R when going to the R and alternate.  
 Note: The second half of the N.S. (2nd meas) is danced in the same style as the first. This means that the bounce - as in the hop - is still present. Moreover the "rest" is not always a "rest"; it depends on what follows. If the movement is not finished or if it leads immediately into the next the "rest" becomes a preparatory bounce for the next step.

Meas Pattern  
 Introduction: Honor your own (meas 13-14). Honor your corner (meas 15-16).

1. Peek-A-Boo  
 1-2 1st M and 2nd W dance 1 N.S. sdwd, M to L, W to R - playing

Sauerlaender Quadrille No. 5

- | <u>Meas</u> | <u>Pattern</u>   |
|-------------|--|
|             | sort of a "peek-a-boo" around fourth couple and  |
| 3-4         | back to their places with one N.S., M to the R, W to the L.  |
| 5-8         | 2nd M and 1st W the same   |
| 1-4         | 3rd M and 4th W the same   |
| 5-8         | 4th M and 3rd W the same.  |
| 9-10        | M and W of the 1st couple face and do one N.S. to the R and  |
| 11-12       | one N.S. to the L ( <u>finish in original pos.</u> facing the opposite couple).  |
| 13-16       | 2nd couple the same  |
| 9-12        | 3rd couple the same  |
| 13-16       | 4th couple the same  |
| <br>        |  |
| II          | <u>Couples Exchange Places</u>   |
| 1-4         | 1st and 2nd couples dance twd each other with 1 N.S., pass on the fwd movement of 2nd N.S. and turn individually on the last eighths of meas. 4 (in the opposite place, cpl. 1 is in the place of cpl. 2 and vice versa). Start your step on the R ft. |
| 5-8         | 3rd and 4th couples do the same.   |
| 1-4         | 1st and 2nd couples return to places.  |
| 5-8         | 3rd and 4th couples return to places.  |
|             | <u>Handtour Right</u>  |
| 9-12        | M and W of 1st couple face, join RH and with 2 N.S. (begin on outside feet) dance once around to place. Note: Move fwd only on 2nd part of N.S.  |
| 13-16       | 2nd couple the same  |
| 9-12        | 3rd couple the same  |
| 13-16       | 4th couple the same  |
| <br>        |  |
| III.        | <u>Grand Finale</u> All four couples work at the same time.  |
| 1-4         | 1st and 2nd cpls. dance with two N.S. fwd to opposite places as described in II meas 1-4. At the same time 3rd and 4th cpls. dance apart sdwd to the corners and bk to place with two N.S. as described in I meas 1-4 and 5-8                          |
| 5-8         | 1st and 2nd cpls. dance apart to the corners and bk to places while 3rd and 4th cpls. dance to opposite places.  |
| 1-4         | 1st and 2nd cpls. return to original places with two N.S. fwd while 3rd and 4th cpls. dance apart to the corners and bk to places with 2 N.S. sdwd   |
| 5-8         | 1st and 2nd cpls. dance apart to the corners and bk to places while 3rd and 4th cpls. return to their original places.   |
| 9-10        | All four couples at the same time: Face partner and without a H-hold do 1 N.S. to the R and  |
| 11-12       | 1 to the L (as described in I meas 9-12)   |
| 13-16       | Join RH and dance once around in place with 2 N.S. (as described in II. meas 9-12)   |
| 9-16        | Repetition as above.   |

--presented by the Dunsings

Folk Dance Camp, 1957