

SAUERLÄNDER

SAUERLÄENDER QUADRILLE NO. 5

(Germany)

Sauerlaender (zow-er-LEND-er) Quadrille is from Neheim-Huelsten, a beautiful, hilly, wooded part of Westphalia.

Music: Record: Folkdancer MH 1129
Piano: Westfaelische Heimattaenze, Otto Ilmbrecht
Hanseatische Verlagsanstalt, Hamburg

Formation: Four cpls in a square
1st cpl faces music
or top of hall

			1st cpl	
			W M	
3rd	M	□	W	4th
cpl	W		M	cpl
			M W	
			2nd cpl	

Steps: "Neheimer Schritt" (Neheimer Step) as described below is being used throughout the dance, either going fwd or sdwd. "Fwd" or "sdwd" refers to the second part (second meas) of the Neheimer Step (abbreviated N.S.) Meas 1 is done in place. The music is written in 2/4 time, four eighths to a meas.

Meas

Pattern

- 1 Toes of L ft point in such a way that the L ft is at R angles to the R ft (L toes close to R instep) (ct 1). Now point toes of L ft outward in such a way that the heel is at R angles with the R ft (close to instep) (ct &). The L heel is placed in such a way that the toes point fwd parallel to the other ft (ct 2). Toes of the L ft touch fwd -- ft is parallel to the R ft (ct &). Note: Throughout the maneuvers of the L ft you hop once for each eighth on the R ft -- 4 hops. Prompt: Toe in - Toe out - Heel - Toe.
- 2 When going sideways: Step L sdwd (ct 1), step R behind L, close to the L ft (ct &), close in with L ft (ct 2), and rest (ct &). Prompt: Step - behind - close - rest.
When going fwd: Step L fwd (ct 1), step R fwd (ct &), close L to R ft (ct 2), and rest (or bounce) (ct &). Prompt: Step - Step - close - rest. We are describing the N.S. L only. Start L when going to the L; start R when going to the R, and alternate. Note: The second half of the N.S. (2nd meas) is danced in the same style as the first. This means that the bounce -- as in the hop -- is still present. Moreover the "rest" is not always a "rest": it depends on what follows. If the movement is not finished or if it leads immediately into the next, the "rest" becomes a preparatory bounce for the next step.

Dance Patterns

Introduction: Honor ptr (2 meas). Honor your corner (2 meas).

Continued...

SAUERLAENDER QUADRILLE NO. 5 (continued)I. Peek-A-Boo

- 1-2 1st M and 2nd W dance 1 N.S. sdwd. M to L, W to R -- playing "peek-a-boo" around 4th cpl.
- 3-4 Back to place with one N.S., M to R, W to L.
- 5-8 2nd M and 1st W the same -- "peek-a-boo" behind 3rd cpl.
- 1-4 (rptd) 3rd M and 4th W the same behind 1st cpl.
- 5-8 4th M and 3rd W the same behind 2nd cpl.
- 9-12 M and W of the 1st cpl face and do one N.S. to R and one N.S. to L (finish in original pos, facing opp cpl).
- 13-16 2nd cpl the same.
- 9-12 3rd cpl the same.
- (rptd)
- 13-16 4th cpl the same.

II. Cpls Exchange Places

- 1-4 1st and 2nd cpls dance twd each other with 1 N.S., pass on the fwd movement of 2nd N.S. and turn individually on last eighth of meas 4 (in the opp place, cpl 1 is in the place of cpl 2 and vice versa). Start your step on the R ft.
- 5-8 3rd and 4th cpls do the same.
- 1-4 1st and 2nd cpls return to places.
- (rptd)
- 5-8 3rd and 4th cpls return to places.

Hand tour Right

- 9-12 M and W of 1st cpl face, join RH and with 2 N.S. (begin on outside ft) dance once around to place. Note: Face ptr at very beginning of step, not sooner. Move fwd only on 2nd part of N.S.
- 13-16 2nd cpl the same.
- 9-12 3rd cpl the same.
- (rptd)
- 13-16 4th cpl the same.

III. Grand Finale. All four cpls work at the same time.

- 1-4 1st and 2nd cpls dance with two N.S. fwd to opp places as described in Fig. II meas 1-4. At the same time 3rd and 4th cpls dance apart sdwd to the corners and back to place with two N.S. as described in Fig. I meas 1-4 and 5-8.
- 5-8 1st and 2nd cpls dance apart to the corners and back to places while 3rd and 4th cpls dance to opp places.
- 1-4 1st and 2nd cpls return to original places with two N.S. fwd while (rptd) 3rd and 4th cpls dance apart to the corners and back to places with 2 N.S. sdwd.
- 5-8 1st and 2nd cpls dance apart to the corners and back to places while 3rd and 4th cpls return to their original places.
- 9-12 All four cpls at the same time: Face ptr, do 1 N.S. to the R and 1 to the L (as described in Fig. I meas 9-12).
- 13-16 Join RH and dance once around in place with 2 N.S. (as described in Fig. II meas 9-12).
- 9-16 Repetition as above.
- (rptd)

End all facing ctr and then honor your ptr.

Presented by Gretel Dunsing