

Sbrando—NOT TAUGHT

(Italy - Piedmont)

This dance is for men from Piedmont, in northwestern Italy. Known also as "Brando" and coming from the region of Langhe-Roero-Monferrato, this is a dance attributed to conscripts; played by the Tre Martelli Band, who are committed to studying, recovering, and spreading traditional Piedmontes music.

Pronunciation:

Music: CD: *Danze Italiane* Vol 1, Band 1 6/8 (counted as 1-2)

Formation: Mixed lines, hands joined in V- pos. Face ctr, wt on R.

Meas Pattern

16 meas INTRODUCTION. No action.

I. FIGURE 1

- 1 Step on L to L (ct1); step on R across L (ct 2).
- 2 Step on L to L (ct 1); kick R in front of L (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk (starting with R).
- 5-16 Repeat meas 1-4, 3 more times.

II. FIGURE 2

- 1 Step on L to L (ct 1); step on R across L (ct 2).
- 2 Step on L to L (ct 1); hop on L kicking R in front (ct 2).
- 3 Hop on L kicking R back and bending upper body in front (ct 1); step on R behind L, moving slightly to L and raising upper body (ct 2).
- 4-15 Repeat meas 2-3, six more times.
- 16 Repeat meas 2.
- 17-32 Repeat meas 1-16 with opp ftwk (starting with R).

Repeat dance from beginning.

Presented by Roberto Bagnoli