

DANCE LIGHTLY Cont'd

Tr-la-la Refrain: The Circle moves first to the left. Step left (1st meas.) step right (2nd meas.) follow with six running steps (3rd and 4th meas) and repeat in the same direction. Then the circle moves to the right with the same action.

Sing the following words.:

"dance lightly, hop sprightly, come let us be gay,
Dance lightly, smile brightly, and sway.
High up in the tree tops sweet voices of spring,
They whisper, they rustle and sing:
Tra-la-la-la-la-la-la; tra;-la-la-la la-la-la,
Tra-la-la-la-la-la-la; tra;-la-la-la la-la-la."

Verse 2: Partners face each other and join both hands. The action is essentially the same as in verse 1 except that the circle now consists of only two dancers.

NOTE: Each dancer still starts left which means that the action goes in opposite directions - not parallel. For the tra-la-la refrain couples keep hands joined, extended right arms, come closer together, getting a swinging action with small steps. Sing the following words:

"Your eyes are so bright and your smile is so gay
I know now that spring's here to stay.
It's right, dear, to dance and to love in the spring,
So let us be happy and sing:
Tra-la-la-la, etc....."

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BUTTERFLY

GERMAN M 114

This is a very popular German dance from the province of Mecklenburg. It is also appearing in German Folk Dances by Paul Dunsing.

Formation: Couples in a double circle. Man stands behind girl's left shoulder right hands joined at the girls right shoulder and left hands joined in front of man's chest (Varsovienn position)

Action: Both start the same way. "Heel and toe and heel and close", first with the left foot. (In position, place left heel forward on count 1, put it back to place but point toe on count 2, left heel forward again on count 3, put it back to place on count 4). Partners look at each other over girl's left shoulder. Repeat leading off with right heel, toe, etc., and looking over girl's right shoulder. (A slight pivot of both partners makes this possible). Next, two polka steps, one to the left and one to the right. While the man continues with two polka steps forward the girl turns once around under the man's right arm with two polka steps. Left hands are on hips.