

SCHOTTIS

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The Schottische step which is traditionally danced to 4/4 rhythm often appears in 2/4 rhythm. In either signature, it is an even rhythmic pattern and every movement of this dance step has equal value.

A basic combination in Schottische dances is, two Schottische steps followed by four Step-Hops. The turns are performed with the Step-Hops.

SCHOTTISCHE STEP. Slide forward (backward or sideward) and step on Left foot (count 1), Bring Right foot to Left and step on Right foot, releasing Left foot (2), Slide forward (backward or sideward) and step on Left foot (3), Hop on Left foot and swing right leg across in front of left (4). Repeat pattern, reversing footwork, for Schottische step starting with Right foot.

STEP-HOP. Step on Left foot (count 1), Hop on Left foot (2), Step on Right foot (3), Hop on Right foot (4). For a light, bouncy step, bend and straighten knees with each action.

Dance Descriptions by OLGA KULBITSKY
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Other Scandinavian favorites of FOLKRAFT:

- F 1130 Swedish Varsouvienne
- F 1098 Feder Mikkel
- F 1160 The Hatter
- F 1163 Ruggen