

SCHOTTIS FRÅN DELSBO

Hälsingland, Sweden

Presented by Tommy and Ewa Englund, Seattle Festival 1986

MUSIC: Forsmark III, Side I, Band 2
Skaggmanslaget, Side A, Band 4
Any suitable Swedish Schottis

4/4 meter

FORMATION: Couples at random about the dance floor, W on MR, both facing LOD.

POSITIONS: Open hold - inner hands held, joined and down with M's R hand on top of W's L hand, palms back, Outer arms hanging.
Closed hold - Swedish polska hold. W grips M's R upper arm from below with her L hand. Joined ML and WR forearms held against M's chest.

Measures

INTRODUCTION May vary with the record or whim of the dancers.

I. BASIC FORM

1-2 Schottis step forward starting M's L and W's R for two meas.
3-4 Omdansning. Turn two rotations CW in closed position.
5-8 Repeat measure 1-4

II. BOTH TURN AWAY

1 Release hands. Beg ML, WR, turn once individually away from ptr with 1 Basic step moving in LOD. M turn CCW, stepping LRL; W turn CW, RLR (cts 1,2,3,). Pivoting 1/2 more on ML, WR, raise free ft under body, sharply slapping side of ft (or ankle) with palm (MR, WL) (ct 4).
2 Step, MR, WL continuing to turn another 1/2 (2 turns total) (ct 1): raise free ft, (ML, WR) under body and slap ft with palm (ML, WR) (ct 2); M step LR, W step RL (cts 3-4) taking closed position.
3-4 Omdansning. Turn two rotations CW.
5-8 Repeat measures 1-4
Styling Note: When slapping ft during the Fig, raise ft up to hand; don't bend over to slap it.

III. WOMEN TURN

1-2 M dances two schottis steps forward, while W dances two schottis steps turning one revolution CW under the M's L arm.
3-4 Omdansning. Turn two rotations CW in closed position.
5-8 Repeat meas 1-4

Taught by Ted Martin and Donna Tripp
Solvang Weekend, 1986
Notes by Donna Tripp

Presented by Dean and Nancy Linscott at the 1987 Camellia Festival.