



SCHOTTIS FRÅN HÄVERÖ

Schottische from Häverö (Medelpad) *Sweden*

The dance is danced by couples in an open circle moving CCW. It consists of four parts (A-D), which can be danced in any order. However, it is preferable to dance part D when the couple ahead is dancing part C.

MUSIC: A slow schottische (4/4 meter). Count 1, 2, 3, 4 for every measure.

RECORD: Regional Folkdances from Sweden. Viking SMF 200.

POSITIONS: During the schottische step:

Parts A and C--open hold with the outer arms hanging. The man holds the woman's hand from the front, the inside of their hands together.

Parts B and D--hanging arms following the body's movement.

During the turns:

The polska position.

THE STEPS

Schottische step without a hop on the fourth beat. Instead, use flexed knees during all the steps. The woman starts with her right foot and the man with his left foot.

During the turns:

Parts A, B, and D--the man takes one step forward with his left foot crossing over his right, pivots CW half a turn on the ball of his left foot (cts 1, 2). During cts 3, 4, he takes one step forward with his right foot in the line of direction and pivots CW a quarter of a turn on the ball of his right foot. The woman has the same steps, only she starts dancing in the line of direction with the right foot. While the man dances the steps described for cts 1, 2, the woman dances those described for cts 3, 4, and vice versa. The couple should make a complete turn on each measure.

Part C--the schottische step as described above.

THE DANCE

Part A (8 measures)

I (2 measures):

Man and woman dance two schottische steps forward and in a natural way, facing in toward each other during the first measure and facing out during the second.

II (2 measures):

Turn two complete turns as a couple.

Repeat I and II.

Part B (8 measures)

I (2 measures):

The same as part A I, but with freely hanging arms.

II (2 measures):

The same as part A II.

Repeat I and II.

Part C (8 measures)

I (2 measures):

The same as part A I.

II (6 measures):

Turn as a couple with schottische steps to make three complete turns.

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Part D (8 measures)

I (2 measures):

The same as part B I.

II (2 measures):

The same as part B II.

III (2 measures):

The same as part B I, but the man and the woman separate and dance past the couple ahead.

IV (2 measures):

The same as part B II.

Presented by Per and Margareta Jennische



Fiddler. From a painted door in Heddal, Telemark, by Olav Hansson. 1782.

STEPS

Introduction Steps (Sw. forsteg).

3/4 meter. Count 1, 2, 3 for each measure.

Left: Take one step forward on left foot (1); toward the end of (2) lift right foot and bring it forward slightly past the left foot and put it down on (3).

Right: Same steps as above with opposite footwork.

Main Polska Step.

3/4 meter. In each measure count 1-and, 2-and, 3-and. The step is danced clockwise (CW).

Man: Take one step forward with the left foot, crossing it over the right (1). During a pivot on the ball of the left foot the right foot is brought backward in the line of direction (and), and is put down a foot's length behind the left foot (2). Then pivot simultaneously on the ball of the left foot and the heel of the right foot (and). On (3) the ball of the right foot is put down on the floor and the weight is shifted onto the right leg. On (and) the left foot is once again brought forward and is put down again in front of the right foot on (1), etc.

Woman: With the weight on the left foot place the ball of the right foot by the left heel (1). On (2) take one step forward with the right foot, placing it between the man's feet. Pivot on the ball of the right foot at the same time as the left foot is brought forward (and), making it a big step which is finally put down on (3). During the pivot on the ball of the left foot, the right foot is brought backward, making a little half circle (and), and the ball of the foot is placed by the left heel, etc.

The Schottische Step.

4/4 meter (the music is sometimes written in 2/4 meter). Count 1, 2, 3, 4 in each measure.

Left: One step forward with the left foot (1), right foot is put down close to the left foot (2), one step forward with the left foot (3), hop on the left foot (4).

This is usually followed by a "right" schottische step which has the same pattern, but with opposite footwork.

POSITIONS

Polska Position (Sw. polskefattning).

The man puts his right hand on the woman's waist and grips the woman's right upper arm with his left hand. The woman puts her left hand on the man's right upper arm and her right hand on the man's left upper arm (the woman's right arm is on the inside of the man's arm). Man and woman stand to the left of each other.

Reversed Polska Position (Sw. liksidig fattning).

Mirror image of the polska position. Woman and man stand slightly to the right of each other.

Equilateral Position (Sw. liksidig fattning).

The man puts his right hand on the woman's waist and his left hand on her right upper arm. The woman places her hands in the same manner. Man and woman stand slightly to the left of each other.

Reversed Equilateral Position (Sw. omvand liksidig fattning).

Mirror image of the equilateral position. Man and woman stand slightly to the right of each other.

Waltz Position.

The man puts his right arm on the woman's waist, and the woman puts her left hand on the man's right upper arm. The woman places her right hand in the man's left hand, which is turned facing up (the inside of their hands touch). The arms are somewhat held out shoulder high.

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