

Presented by James LaVita

från
SCHOTTIS FROM SÖDERMANLAND

Sweden

SourceHOMT-teese *SER-der-mahn-lahnd*

These dances were introduced into the United States by Henry Sjöberg. One variation bears a striking resemblance to the dance "Mellparing", which is a schottis variant from Stugun in Jamtland.

Music

Any schottis of moderate tempo, preferably one from Södermanland.

Hold

Variant I and III:

M and W standing with R shoulders opposed; each partner has right hand around opposite's waist and left hand holding partner's right arm above the elbow. *(Natural down-up feeling)*

Variant II

Shoulder/shoulder blade position

Steps

Variant I:

M: ct 1) beginning to move CW around W, M steps on R, ct 1&) M steps L in LOD (M is now approximately facing RLOD), ct 2) continuing turn, M steps behind with R (though still in LOD), ct 2&) M steps slightly forward (LOD) on L.

W: W uses same four little steps, but begins by stepping behind with R on ct 1).

Variant II:

M: ct 1) slide L foot along ground and step on it, ct 1&) pivot on L sole, ct 2) step ^{back} ~~behind~~ (but still in LOD) with R, ct 2&) pivot on R heel, ending up facing LOD again.

W: W uses same footwork as in Variant I

Variant III:

M: ct 1) slide L forward and step on it, ct 1&) pivot on L sole, ct 2) come fully down on whole L foot and

continued...

finally, ct 2&) pivot on L heel. On next two beats, do
the same thing with R (*one full turn per ft.*)

W: W uses same footwork as in Variant I

Comments

The three variants above are those traditionally done, however in modern times women have taken to doing the men's variations and so different combinations of the step patterns may appear. For example, both partners may do the steps of Variants II or III at the same time. But note that there will be differences in timing.