

## SCOTTISH LILT

(Scotland)

The Scottish Lilt is a solo Highland dance which may be done by either M or W.

MUSIC: Record: Ace of Clubs ACL 7718 Scottish Pipes for Dancing, Side 1, Band 7. 3/4 meter.

STYLE: Steps are taken on the toes, which are kept well turned out. Body is held erect. W hold skirt throughout. Arm pos in the dance are described for M.

FORMATION: Stand any place on floor facing audience or front of the hall, hands on hips.

Meas.                      Introduction.

1-2                      No action.  
 3                      M bow. W take small step R sdwd R (ct 1), place L toe behind R heel and curtsey (ct 3).  
 4                      Step L sdwd L (ct 1), turn 1/2 CW (ct 2), point R fwd on floor, raising both hands overhead (ct 3).

I. CIRCLE WITH LEAP-HOP-HOP

Starting diag. fwd R, make a complete CCW circle during this figure as follows:  
 1                      Keeping R hand high and placing L hand on hip, leap fwd R and raise L fwd with straight knee (ct 1), hop R bending raised L knee inwards (ct 2), hop R re-extending L to straight leg quickly during elevation and again bending it on landing (ct 3).  
 2                      Repeat meas. 1 reversing footwork and arms.  
 3                      Repeat meas. 1 finishing half of the CCW circle with R shoulder twd front of hall.  
 4                      With both hands high and looking over R shoulder leap L and point R ft fwd on floor (ct 1), leap R and point L fwd on floor (ct 2), leap L and point R fwd on floor (ct 3).  
 5-8                      Repeat Fig. I, meas. 1-4, to complete the CCW circle and finish facing front of hall.

II. CUT STEP

1                      With L hand high and R hand on hip cut R to displace L bkwd (ct 1), small step L behind R (ct 2), small step R sdwd R (ct &), small step L behind R, extending R fwd (ct 3).

## SCOTTISH LILT (Cont)

- 2-3 Repeat Fig. II, meas. 1 two more times.  
 4 Hop L, shaking R ft out to R side (ct 1), change arms to R hand high and L hand on hip and take a small step R behind L (ct 2), small step L sdwd L (ct &), small step R behind L extending L fwd (ct 3).  
 5-8 Repeat Fig. II, meas. 1-4, reversing footwork, arms, and direction.

III. PAS DE BASQUE AND HOP

- 1 With both hands on hips pas de basque R sdwd R (cts 1, & 2), with R hand high and L hand on hip hop R extending L fwd during elevation and then in toward front of R calf on landing (ct 3), step L toe beside toe (ct &).  
 2 Step R in place (ct 1), hop R extending L fwd during elevation and then in front of R calf on landing (ct 2), repeat ct 2 (ct 3).  
 3-4 Repeat Fig. III, meas. 1-2, reversing footwork, arms, and direction.  
 5-8 Repeat Fig. III, meas. 1-4.

IV. PAS DE BASQUE AND STEP-STEP

- 1 With R hand high and L hand on hip pas de basque R sdwd R, turning slightly CW on ct 1 to lead with L shoulder (cts 1, & 2), step L fwd (ct &), closing step R to L, R instep close of L heel (ct 3).  
 2 Repeat Fig. IV, meas. 1, reversing footwork, arms, and direction.  
 3-4 Repeat Fig. IV, meas. 1-2.  
 5-6 With both hands high travel bkwd throughout the rest of this figure as follows: Small step R behind L (ct 1), small step L sdwd L (ct &), small step R behind L extending L sdwd L (ct 2). Repeat cts 1, & 2 reversing footwork and direction (cts 3, & 1), cut step R displacing L sdwd L (ct 2), cut step L displacing R sdwd (ct 3).  
 7-8 Repeat Fig. IV, meas. 5-6.

V. ROCK

- 1-2 With L hand high and R hand on hip dance 6 rocking steps travelling gradually sdwd R. Start by stepping R in front and pointing L behind, then shift wt to L and point R in front and continue for a total of 6 -- R, L, R, L, R, L. (cts 1, 2, 3, 1, 2, 3).

## SCOTTISH LILT (Cont)

- 3 Turn once CW in place with 3 more rocks, R,L,R (cts 1,2,3).
- 4 Dance 1 more rock L (ct 1), change arms to R hand high and L hand on hip and leap R, raising L behind R calf (ct 2), hop R bringing L in front of R calf during elevation and extending it sdwd L on landing (ct 3).
- 5-8 Starting with L in front, repeat Fig. V, meas. 1-4 reversing reversing footwork, arms, and direction.

VI. SIDE-BACK-FRONT

- 1 Hop L and point R sdwd R (ct 1), hop L and point R behind L calf (ct 2), hop L, bringing R in front of L calf during elevation and extending it fwd on landing (ct 3).
- 2 Repeat Fig. VI, meas. 1, reversing footwork and arms and beginning with leap R on ct 1.
- 3 Repeat Fig. VI, meas. 1, starting with leap L on ct 1, and making a complete CCW turn in place.
- 4 With both hands high dance 3 leap-points in place. Starting leap R and point L fwd on floor -- point L, R,L (cts 1,2,3).
- 5-8 Repeat Fig. VI, meas. 1-4, reversing footwork, arms, and direction.

Notes by Larry and Ruth Miller.

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