

Dance: Moshiko. Music: Yemenite. Record: MIH 3. Style: Slightly elastic knees, small movements, ft close to floor. Movement is down-up throughout. Meter: 4/4.  
Formation: Circle, hands joined at shoulder height, slightly fwd.

MEAS:PART I:

- 1 Step R to R (ct 1), step L in place (ct 2), step R crossing in front of L (ct 3), step L to L (ct 4).
- 2 Step R crossing in front of L (ct 1), tap L toe behind R ft (ct 2), swing L ft around in a small low circle to the front (cts 3-4).
- 3 Step L crossing in front of R (ct 1), step R to R (ct 2), step L crossing in front of R (ct 3), hold (ct 4).
- 4 Rock back on R, keeping L on floor (ct 1), hold (ct 2), rock fwd on L (ct 3), hold (ct 4).
- 5 Repeat cts 1-3, Meas 4, Part I (cts 1-3), scuff fwd with R, and make a small vertical circle with hands (ct 4).
- 6 Rock fwd on R (ct 1), hold (ct 2), rock back on L (ct 3), hold (ct 4).
- 7 Repeat meas 6, Part I (cts 1-4).
- 8 Rock fwd on R (ct 1), step on L in place (ct 2), close R to L (ct 3), bounce on both ft (ct 4).
- 9-16 Repeat meas 1-8, Part I.

PART II:

- 1 Bounce again and raise R ft sharply in back (ct 1), leap lightly fwd on R just ahead of L (ct 2), step on L ahead of R (ct 3), bounce (ct 4).
- 2 Repeat cts 1-4, meas 1, Part II (cts 1-4).
- 3 Step R to R (body moves down slightly), open arms and snap fingers (ct 1), step L in place (body moves up) (ct 2), step R crossing in front of L (body goes down) bring arms together, hands crossed and snap at shoulder height (ct 3), step L in place (body goes up) (ct 4).
- 4 Repeat cts 1-3, meas 3, Part II (cts 1-3), step L in place, hands begin to move in vertical circle, moving down with hands facing you and fingers in snapping position (ct 4).
- 5 Hands complete the vertical circle, palms end up opened, facing away from you (ct 1), reverse the hand circle, ending with hands facing you, fingers in snapping position (cts 2-3), con't hand movement (ct 4).
- 6 Snap fingers (ct 1), hold (ct 2), moving in a circle and bringing hands slowly down, step on R (body moves down) (ct 3), step on L (body moves up) (ct 4).
- 7 Repeat cts 3-4, meas 6, Part II twice more (cts 1-4).
- 8 Repeat meas 7, Part II (cts 1-4). Raise arms, join hands.