

S'EE YONAH

"Fly Dove" Israel, (Sih-EE Yo-NAH)

Choreographed by Moshiko Halevy in 1974; based on a Yemenite style.

MUSIC: 4/4 MIH 3 Side 2, Band 2

FORMATION: Circle, hands joined at shoulder height, slightly fwd.  
Slightly elastic knees, small movements, ft close to floor. Movement is down-up throughout.

Measure                      Description

Introduction: 3 measure, bells sound during meas. 3

PART I

- 1 Step R to R (ct 1) step L in place (ct 2) step R crossing in front of L (ct 3) step L to L (ct 4)
- 2 Step R crossing in front of L (ct 1) tap L toe behind R ft (ct 2) swing L ft around in a small low circle slowly to front (3-4)
- 3 Step L crossing in front of R (ct 1) step R to R (ct 2) Step L crossing in front of R (ct 3) hold (ct 4)
- 4 Rock back on R, keeping L on floor (ct 1) hold (ct 2) rock fwd on L (ct 3) hold (ct 4)
- 5 Repeat cts 1-4, meas 4
- 6 Step fwd on R (ct 1) hold (ct 2) rock back on L (ct 3) hold (4)
- 7 Repeat meas 6, Part I (cts 1-4)
- 8 Rock fwd on R (ct 1) step on L bwd (ct 2) close R to L with bounce (ct 3) bounce on both ft (ct 4)
- 9-16 Repeat meas 1-8. Part I.

Part II

- 1 Bend L and raise R ft sharply in back (ct 1) leap lightly on R just behind L (ct 2) step on L ahead of R with bent R (ct 3) bend and straighten knees (ct 4)
- 2 Repeat cts 1-4, meas 1, Part II
- 3 Step R to R, leaving L in place (body moves down slightly) open arms and snap fingers (ct 1) step L in place (body moves up) (2) step R crossing in front of L (body goes down) bring arms together, hands crossed and snap at shoulder height (ct 3) step left in place (body goes up) (ct 4)
- 4 Repeat cts 1-3, meas 3, Part II (cts 1-3) step L in place, hands begin to move in vertical circle, moving down with hands facing you and fingers in snapping position (ct 4)
- 5 Hands complete the vertical circle, palms end up opened, facing away from you (ct 1) reverse the hand circle, ending with hands facing you, fingers in snapping position (cts 2-3) continue hand movement (ct 4)
- 6 Snap fingers (ct 1) hold (ct 2) moving in a circle and bringing hands slowly down, step on right (body moves down) (ct 3) step on L (body moves up) (ct 4)
- 7 Repeat cts 3-4, meas 6, Part II twice more to complete CW turn (cts 1-4)
- 8 Repeat footwork of meas 7, Part II (cts 1-4). Raise arms slowly, join hands.