

SEDI DONKA

Седи Донка
(Bulgaria)

A typical "krivo"-type of dance from Western Thrace (around town of Pazardžik). Other names for this dance include Sedi Dimka, Sedi Petko and Iztârsi Kalci. First three variations were introduced to North American folk dancers by Richard Crum in 1968. Last variation was learned in Bulgaria by Yves Moreau.

Music: Yves Moreau CD

Rhythm: 25/16 (7/16 + 7/16 + 11/16) a mixture of two "cetvorno"-type measures and one "kopanica". Counted here as S-Q-Q + S-Q-Q + Q-Q-S-Q-Q

Formation: Short mixed lines, belt hold, L over R. Face slightly R of ctr, wt on L

Style: Sharp and bouncy steps.

Meter: 7/8 + 7/8 + 11/8

Pattern

No special introduction. Dance may start at beginning of any musical phrase

1. Travel

- 1 Facing LOD, step on R (1) step on L (2) hold (3) Repeat patterns of cts 1-3;
step on R (1) step on L (2) step on R (3) step on L (4) pause (5)

2. Side to side

- 1 Step on R in LOD (1) small lift onto R, L ft moving across R (&) step on L across R (2)
hold (3) Repeat same movement as first 3 cts (1,2,3)
Facing ctr, step on R to R (1) step on L behind R (2) step on R to R (3) bounce twice
in place, ft together (4,5)
- 2 Repeat pattern of meas. 1 with reverse direction and ftwrk

3. Side to side with stamps

- 1-2 Same pattern as in Fig. 1 but instead on 2 bounces on last two cts, replace with
"bicycle stamps": hop on R raising L knee (ct 4) sharp stamp, no wt with L (ct 5)
and also in reverse direction

4. Forward and back with stamps

- 1 Step on R fwd (1) hop on R, (&) step on L fwd (2) hold (3)
Repeat same movements as first 3 cts (1,2,3)
Two little steps in place R-L (1,2) stamp with R, no wt (3) step on R in place (4) stamp with L
no wt (5)
- 2 Same pattern as in meas 1 but moving away from center

5. Twists in place

- 1 Step on R in place turning sharply to face R and raising L knee high across R (1) hop
on R keeping L knee high (2) step on L next to R (3) repeat same movement (1,2,3)
Two quick steps in place R-L (1,2) touch R heel diag fwd R (3) touch R heel again
straight fwd (4) hold (5)
- 2 Repeat pattern of meas 1 with reverse footwork

Suggested sequence: Do each figure twice . Leader may also call figure change.

Presented by Yves Moreau at the 2002 Mendocino Folklore Camp