

SEDI DONKA

(Bulgaria)

This version of Sedi Donka is a traditional dance from the Thracian town of Pazardzhik. About twenty variations of the dance exist in the region around Pazardzhik and Plovdiv. Two are described below.

The dance is done in a mixed line of men and women, "na lesa" (belt hold)

The rhythm of the dance is interesting in that it consists of two measures of 7/16 (3/16-2/16-2/16) followed by a single measure of 11/16 (2/16-2/16-3/16-2/16-2/16). It is most effectively counted ONE-two-three, ONE-two-three, one-two-THREE-four-five.

RECORD: Bruno LP no. BR 50163, Side A, Band 6, "Horo".

VARIATION I

Measure	Count	Description
1	1 (3/16)	With feet parallel, wt. evenly distributed, ohug fwd.
	2 (2/16)	Hop on R ft.
	3 (2/16)	Step on L ft, crossing over R ft.
2	1 (3/16)	Step to R on R ft
	2 (2/16)	Hop on R ft
	3 (2/16)	Step on L ft, crossing over R ft.

continued

FESTIVAL RECORDS

161 TURK

San Francisco, Cal.

Sedi Donka continued

Measure	Count	Description
3	1 (2/16)	Step to R on R ft
	2 (2/16)	Step on L ft, crossing behind R ft.
	3 (3/16)	Step to R on R ft
	4 (2/16)	Hop on R ft in place
	5 (2/16)	Stamp with L ft (wt. remains on R ft.)
4	1 (3/16)	Step to L on L ft.
	2 (2/16)	Hop on L ft
	3 (2/16)	Step on R ft, crossing over L ft.
5		Repeat measure 4
6	1 (2/16)	Step L on L ft
	2/(2/16)	Step on R ft, crossing behind L ft
	3 (3/16)	Step to L on L ft extending R ft fwd.
	4 (2/16)	Step on R ft in place, extending L ft fwd (scissors)
	5 (2/16)	Step on L ft in place, extending R ft fwd (scissors)

VARIATION II

1		Repeat measure 2 of Variation I
2		Repeat measure 2 of Variation I
3	1 (2/16)	Step to R on R ft
	2 (2/16)	Step on L ft, crossing behind R ft
	3 (3/16)	Retaining wt on L ft, stamp R ft slightly in front of L ft
	and(1/16)	Step on R ft in place
	4 (2/16)	Retaining wt on R ft, stamp L ft slightly in front of R ft.
	5 (2/16)	Step on L ft in place

 Two of the most misspelled dance names are Milanovo Kolo (Milanovo, not an a) and Lesnoto (which is one word, not two). Also Seljančica suffers, due to there being thousands of Standard label recordings misspelled "Seljamčica". Correct spelling is with an "n", not an "m". Consult a Balkan dance list when in doubt.