

## Bulgaria

*Sedi Donka* is a *Krivo Horo*. The word *Krivo* ("crooked") refers to:

1. The composed irregular dance meter, in this case:  $7/8 + 7/8 + 11/8$  and
1. The two-end character of the dance, i.e.: the dance is performed in both directions and leaders at both ends often draw the line in a curve inside.

The *Krivo Horo* is the most characteristic dance type in the transition area between Šopluk and Trakia, often called Zapadna Trakia ("Western Thrace").

**ORIGIN & STYLE:** The transition area between the ethnographic regions of Šopluk and Trakia. The dance style reflects mostly the energetic, light and bouncy performance of Šopluk, with kicks and sharp knee liftings.

25/8

1 2 3 1 2 1 2 1 2 3 1 2 1 2

counted here as:

counted here as:

1 2 3

1 2 3

1 2 3 4 5

Or in dance rhythm terminology, one might say:  
2 x *Četvorno* (7/8) and 1x *Kopanica* (11/8)

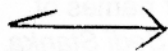
MUSIC: CD "Ajde na Horo"

FORMATION: Half- or open circle. Hands at held belt hold position. L over R arm.

INTRODUCTION: 4 bars musical introduction  
The different patterns (Part 1-6) are done to the calls of the line leader.  
To indicate to the next variation the line leader may use the Bulgarian names of each part or use calls like *Ajde* ("lets do it ") and *A Sega* ("and now !")

# SEDI DONKA (page 2/3)

## DIRECTION   MEAS   PATTERN   Part 1 Pribiranè (Close)



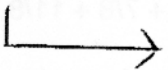
1

7/8

facing diag R and moving LOD,  
step on R ft (ct 1) , hop on L ft, sharply lifting L knee in front  
step on L ft (ct 3)

7/8

repeat action of first 7/8 pattern



11/8

facing ctr and moving sdwd R,  
step on Rt ft (ct1), step on L ft behind R ft (ct 2)  
step on R ft (ct 3),  
close L ft, without wt, next to R ft (ct 4), hold (ct 5)

2

repeat action of meas 1, reversing ftwk and directions

## Part 2 Nabivanè (Stamps)

same as Part 1 with the exception of the 11/8 part which is performed as follows:



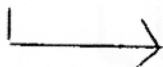
11/8

facing ctr and moving sdwd R,  
step on Rt ft (ct1), step on L ft behind R ft (ct 2)  
step on R ft (ct 3),  
hop on R ft, lifting L knee in front (ct 4)  
strike L heel next to L toes (ct 5)



## Part 3 Lost (Slap)

same as Part 1 with the exception of the 11/8 part which is performed as follows:



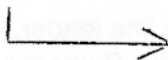
11/8

facing ctr and moving sdwd R,  
step on Rt ft (ct1),  
step on L ft behind R ft lifting R leg up fwd low (ct 2)  
slap R ft in front (ct 3)  
low leap onto R ft, lifting L leg fwd low (ct 4)  
slap L ft in front (ct 5)



## Part 4 Nošički (Siccors)

same as Part 1 with the exception of the 11/8 part which is performed as follows:



11/8

facing ctr and moving sdwd R,  
step on Rt ft (ct1), step on L ft behind R ft (ct 2)  
shift wt onto R ft, extending L toe fwd (ct 3)  
shift wt onto Lft, extending R toe fwd (ct 4)  
shift wt onto R ft, extending L toe fwd (ct 3)



DIRECTION MEAS

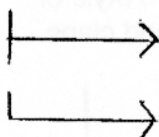
PATTERN

Part 5 Pipni, Ostavi i Pribirane

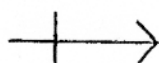
(Touch, Stay and Close)



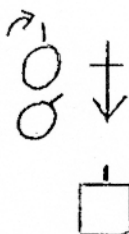
- 7/8 facing LOD, dancing in place,  
step on R ft in place (ct 1)  
kick (point or touch) L ft in LOD (ct 2), step on L ft next to R ft
- 7/8 repeat action of first 7/8 pattern
- 11/8 facing and moving in LOD,  
leap onto R ft (ct 1), step on L ft (ct 2),  
step on R ft sdwd R, turning face ctr (ct 3)  
close L ft, without wt, next to R ft (ct 4), hold (ct 5)



Part 6 Otskoči (Rebounds)



- 7/8 facing RLOD and moving in LOD,  
jump on both ft together, L ft sliding fwd and slightly bending  
both knees (ct 1)  
low hop (čukce) on R ft, extending L ft fwd low (ct 2)  
step on L ft (ct 3)
- 7/8 repeat action of first 7/8 pattern
- 11/8 step on R ft bkwd, turning face ctr (ct 1),  
cross and step on L ft in front of R ft, turning face in LOD (ct 2)  
small hop (čukce) on L ft, raising R knee slightly turned out  
followed by tapping R heel diag R (ct 3),  
small hop (čukce) on L ft, raising R knee in front followed by  
tapping R heel in front (ct 4), leap on to R ft in front of L ft



Part 7 Na Vâtre (Inwards)



- 1 7/8 facing and tw ctr  
step on R ft (ct 1), hop on L ft, sharply lifting L knee in front  
step on L ft (ct 3)
- 7/8 repeat action of first 7/8 pattern
- 11/8 step on R ft (ct 1), step on L ft (ct 2)  
strike R heel next to L toes (ct 3),  
leap onto R ft, sharply lifting L knee in front (ct 4)  
strike L heel next to R toes (ct 3),



- 2 facing ctr, moving bkwd, repeat the steps of meas 1, with  
opposite ftwk