

# Sedi Momà

(Bulgaria)

A women's dance from the village of Oryàhovo, South Thrace. The people from Oryàhovo call the dance also "Vecherno horo"- "Evening dance." In the past they used to enjoy it every Sunday evening. The women's dances from South Thrace are usually very simple, because the women are singing during the whole dance. The presentation of the song is always very important. They are some of the oldest dances in Bulgaria.

Pronunciation:

CD: ILBD # 9 - 2002

2/4 meter

Formation: Open circle of women, hands joined in W-pos.

## Meas

## Pattern

16 meas

### INTRODUCTION

### FIGURE

- 1 Facing ctr, stamp R fwd, no wt (ct 1); hold (ct 2).
- 2 Facing CCW, step fwd on R (ct 1); step fwd on L (ct 2).
- 3 Repeat meas 2.
- 4 Facing ctr, stamp on both heels next to each other (ct 1); hold (ct 2).
- 5 Step on L to L side (ct 1); step on R behind L (ct 2).
- 6 Step on L to L side (ct 1); stamp R next to L, no wt (ct 2).

Repeat to the end of the melody.

Presented by Iliana Bozhanova and Lyuben Dossev

# 1. SEDÌ MOMÀ

1

F B F C7 F C F G G

gm gm C C C7 F B F B

F F gm gm G G7 C C G C

2

C C C G7 C7 C7 F F C C

SE - DI MO - MA NA KA - MEN DEN - GI - DI  
 BYA - LO LI - TSE MI - YA - SHE DEN GI - DI

C C dm dm G7 G7 C G C C

DZHA - NAM NA KA - MEN NA KA - MEN  
 DZHA - NAM MI - YA - SHE MI - YA SHE.

3

F F F F C7 gm6 dm C dm

C F F F G7 C C B B

F C7 F F G G G G C G C

## 1, 2, 3, 2, 1-x2, 2, 3, 2, 1-x2, 2 - Fine