

Sekskorsedans

(Norway)

This dance was collected by Egil Bakka in 1981-82 when he filmed a family from Melvær in Sunnfjord. The dance seems to belong to the ril family, but is danced at reinlender tempo. One fascinating aspect of the dance is its inclusion of the 6 count song dance step. It is not known whether this step was introduced from Norwegian song dance or whether it is a relic from older dances. If the latter, it is the only known Norwegian music dance where this old step has survived.

A second very interesting aspect of the dance is the variation in reinlender steps. This sort of reversing of the rhythm is quite common in many districts. Whether a two-step is danced as 1 & 2 or "backwards" to the music as 2 & 1 often doesn't matter. The source is Klara Semb, *Norske Folkedanser, Turdansar*, Oslo 1991. ISBN 82-521-3657-5.

Pronunciation:

Music: Norwegian Dances, Stockton '95 (special cassette). 2/4 meter
This is a "ril" melody played at reinlender tempo. The dance has its own melody but the dance would "fit" to other reinlenders.

Formation: Three cpls in a circle. Hold hands at shoulder height. Face slightly L.

Steps: Song Dance Step: Step L diag fwd along circle (ct 1); step on R beside or slightly in front of L (ct &); step L diag fwd (ct 2); bounce on L while bringing R ft beside L but not touching floor (ct &); step on R diagonally fwd in twd ctr (ct 3); bounce on R bringing L up beside R (ct &). The style is reminiscent of Faroe Islands style, but the step is lighter and softer, and more like a reinlender. The step uses 1 1/2 meas, and repeats on the same ft each time.

Step-Hop: Step fwd on L (ct 1); hop lifting free knee fwd and up quite high (ct 2). This step alternates feet when repeated.

Reinlender-Step: Step fwd on L (ct 1); step on R fwd or beside L (ct &); step fwd on L (ct 2); bounce (ct &). Alternate feet when repeating. In this dance, you can vary by dancing half a reinlender step. It is probably most common to do an extra ct 2, but you can also do an extra ct 1. In this way, you may do some steps "backward" to the music. Most of the steps are whole, but you can throw in half steps now and then.

<u>Meas</u>	<u>Pattern</u>
1-6	Dance 4 Song Dance Steps moving CW.
7-8	Face directly CW and, starting L, dance 4 Step-Hops. Dancers can continue holding hands in a circle, or can release the hand hold and dance individually.
9-16	Repeat meas 1-8.

Sekskorsedans—continued

17-32 **M** turn back to face ptr and take **R** elbow hold. With **R** forearm alongside ptr's, hold just above ptr's **R** elbow with **R** hand. Do a chain using this special elbow hold. Dance until you almost meet ptr for the 4th time. On the last elbow with corner (the person beside you when you started that was not your partner), the **M** turns the **W** an extra 1/2 turn CW to end in same circle formation as at beginning. Use 16 reinlender steps (which may be varied - see above). In meas 31-32, it is common for **W** to use 4 Step-Hops. There is a lot of time, so it moves SLOWLY. You pass 3 people in 4 meas.

Rejoin hands and start over.

Presented by Alix Cordray