taught by asking the man to stand still and take the left forearm of the lady to his left. Ask that lady to stand still and have the man walk around her. When he has walked clear around her and is back to the home position he has done an alamande left.

(6) "Do-si-do your own". The lady and man walk around each other brushing right shoulders and keeping their back to their partners.

(7) "All promenade the corner girl" refers to the lady to the man's left in the original circle.

Leaders Cue

- (1) All join hands and circle the ring.
- (2) Stop where you are, and give your partner a swing.
- (3) Swing that girl behind you.
- (4) Swing your own if you have time when you get home.
- (5) It's alamande left with your sweet corner girl.
- (6) Do-si-do your own.
- (7) And it's all promenade with that sweet corner maid singing Oh, Johnny, Oh!

SENTIMENTAL JOURNEY AMERICAN

This dance is the prettiest one in this circular. Works well at semi-formal occasions.

<u>Music</u>: MacGregor 642-A "Sentimental Journey"

Formation

Two circles with men on the inside. Men join both hands with lady. A method for getting them into this formation starts with a single circle. Instruct the men to walk in front of the lady on his right and take both of her hands. Men will have backs to the center of the circle.

Action



(1) Couple takes three slides to the man's left and clap.

(2) Three slides to the right and CLAP.

(3) Clap right hands with partner; then both of your own.

(4) Clap left hands, then own; right hands, both hands together.

(5) Turn around two steps and partners each clap own lap, own hands and then a new partners hands.

(This can be done completely with the first partner, then on second ending change partners, with men moving up to lady ahead).

Leaders Cue

Slide, slide, slide and clap.

Slide, slide, slide and clap.

Right, together, left together, right together, both.

Turn around and laps together both (with new partner).

MAÑANA MIXER MEXICAN

A good mixer at parties where you have a greater number of men or women. Manana comes from the Spanish tradition of "Walking the Square". Young men walk one direction around the square and young ladies and their chaperones walk around