

1970 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

Presented by: TOM BOZIGIAN

SEPASTIA BAR (SEPO-BAR)

Armenian

SOURCE: Learned by Tom Bozigian from the Armenian Community in Los Angeles, California

MUSIC: KEF TIME FRESNO SH 1002 Side 2, Band 4

RHYTHM: 2/4

FORMATION: Open circle with leader at right and each dance using the Armenian little finger hold with arms at shoulder height, leader with handkerchief

Measure

FIG I

1 Facing LOD, in place lift L behind, bending knee (ct 1), extend L heel to touch floor, pivot on R to face ctr (ct 2)

2 Lift L, as above, pivot on R to face RLOD (ct 1), Leap on L (ct 2)

3-4 Repeat meas 1-2 with opp ftwk

5-16 Repeat 1-4 three more times

17 In place, lift L behind (ct 1), moving LOD, step on L (ct 2), R (ct &)

18 Step L (ct 1) leap on R (ct 2), at same time, bring L toe to R heel.

ARMS:: up (ct 1) down & up (cts 2 &), body bending slightly from waist.

As music BEGINS to speed up, arm movements are replaced by 2 claps ( 2 & 1, meas 17-18).

FIG II

Ftwk same as FIG I except lifts are accompanied by hops

The following are arm movements in FIG II:

1 Clap in front (ct 1) R on waist (ct 2) L hand raised head level palm out (ct 2)

2 Keep hand pos (cts 1-2)

3 -4 Repeat 1-2 with opp handmovements

5-16 Repeat 1-4 three more times

17 Clap (ct 1) clap (ct 2)

18 Clap (ct 1) hold (ct 2)