

Presented by: TOM BOZIGIAN

SEPASTIA BAR

Armenian

SOURCE: Popular dance brought by Armenian immigrants to America during the 2nd decade of the 20th century and learned by Tom Bozigian in Fresno, California in early 1950's.

MUSIC: EXPRESS, Side 2, Band 1, X107-B (S-K)

FORMATION: See Karoun

RHYTHM: 2/4

MEASURE

PATTERN

- 1 -- Step #1 - Facing slightly & moving LOD, step R to R (ct 1); slight hop on R as L lifts behind (ct 2).
- 2 Repeat meas. 1 with opp. ftwk. (cts 3,4).
- 3 Repeat meas. 1 once more (cts 5,6).
- 4 Touch L toe in front of R (ct 7); slight hop on R as L raises in front of R (ct 8).
- 5-8 Repeat Step #1 in its entirety but with opp. dir. and ftwk. (cts 9-16).
- 1-3 -- Step #2 - 3 two-steps in LOD starting with R as arms move: to R on 1st; L on 2nd; R on 3rd. (cts 1-6).
- 4 Stamp L beside R, no wt. (ct 7); slight pivot on R to RLOD (ct 8).
- 5-8 Repeat Step #2 in its entirety but with opp. dir., ftwk. and arm movement (cts 9-16).
- 1-8 -- Step #3 - Facing completely LOD and releasing finger holds as hands remain shoulder height, repeat Step #2 in its entirety while clapping hands on ct 7 and ct 15 (cts 1-16).
(Note: Optional full turns clockwise to R and counterclockwise to L can be executed during 2-step phases of this step.)

1974 TOUR