

SERENADE

**Music:** Record: Folkdancer MH 1128. Piano: Barsbuettler Taenze  
Carl Lorenz, Hermann Moeck, Verlag. Celle. (Available through  
Gretel Dunsing, George Williams College, 5315 Drexel Ave.,  
Chicago 15, Illinois.)

**Formation:** Any number of couples in a circle, M facing CCW W facing CW.  
R hips are adjacent to each other. Hands are joined shoulder high  
R arms are extended; L arms flexed. Elbows are also shoulder high.

**Steps:** In part A and B there is an unbroken continuity of walking steps  
in the same tempo 3 steps in each meas, in part C, walking steps,  
change steps, and step-close are used.

**Note:** The dance is designed in Rondo form. It consists of three parts:  
A, B, C. These parts then are arranged in the following way:  
A-B-A-C-A-B-A.

<u>Meas.</u>	<u>Pattern</u>
A. 1.	M walks fwd beginning L W walks bkwd beginning R.
2.	Both turn half around CW in place without releasing the hold. L arms are extended; R arms are flexed. Now L hips are adjacent to each other.
3	M walks fwd; W walks bkwd.
4	Both turn half around CCW and are bk in the same pos as in the beginning.
5	Again M walks fwd and W bkwd.
6-8	Both turn 1 1/2 times around CW in place with 9 steps without changing their hold. When they finish M is facing CW. W is facing CCW. R hips are adjacent to each other.
1-8	(repetition) Same as above starting in CW direction. In meas 8 W releases her RH from M's L and does an additional half turn CW so that both now are in open pos facing CCW.
B. 1	Both walk fwd M beginning L, W beginning R.
2	Both turn half around in place, M CW, W CCW (face to face). They are now in open pos facing CW.
3	Both walk fwd.
4	Both turn half around in place, M CCW, W CW (face to face). Both again face CCW.
5	Both walk sdwd, M L twd the center of the circle and WR twd the outside. While doing this they turn slightly away (quarter turn) but keep looking at each other.
6	They walk twd each other.
7-8	They join H and circle once CW around, in place. In transit to the repetition W releases her R H from M's L and does an additional half turn CW so that both are again in open pos facing CCW.
1-8	(repetition) Same as above. In transit to part A keep both H joined and take starting formation.

Note: This part can be done with partner change. In meas. 6 W  
does not return to her partner but moves fwd CCW to next dancer.  
This change could be done either once (at the end of the repetition)  
or twice (each time at meas 6).

*Continued...*

Serenade

<u>Meas.</u>	<u>Pattern</u>
C. 1-5	In open pos, inner H lifted fwd upward shoulder high, both dance 5 change steps fwd beginning on outer feet.
6	On cts. 1 and 2 both do a step-close fwd on the inner ft. On ct. 3 the weight transfers even further fwd and onto the ball of the outer ft while the joined H are led further upward.
7-8	Both swing the inner arms down and back - release the hold and each one follows the swing of this arm - and walk a complete circle with 6 steps. M CW and W CCW. In meas. 8 the other arms, M's L and W's R, meet as the turn is completed and are lifted fwd upward shoulder high. Both finish facing CW.
1-8	(repetition) Same as above, counter-part. In meas 7-8 W turns a little faster so that she completes two turns. This brings both into starting formation.
9	1 step-close. M L fwd and W R bkwd. Note: This part should be danced in a restrained manner. The turns and the arm swings beginning with meas. 6 should be an organic follow-thru of the body swing and guided by the music.
Ending:	As A is repeated the last measures are danced in the following way.
6-7	Both turn only 3/4 times around CW with 6 steps. In meas 7 M releases his RH from W's LH and does an additional half turn CW. She is now on his L side, they are both facing the center of the circle and all join hands in the circle.
8	On cts. one and two all step-close fwd MR and W L.

presented by the Dunsings