

SERENITSA  
(Greece)

**SOURCE:** Learned from Pontic Greek community in Astoria, Queens, NY

**TRANSLATION:**

**PRONUNCIATION:**

**MUSIC:** Balkan Beauties tape

**FORMATION:** Line dance

**METER:** 7/16 - The dancers use primarily bts 1&3, occasionally articulating all 3 bts on the bouncing steps.




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PATTERN

Meas

Introduction:

- 1 Moving R, step R (ct 1); limp onto L beside R (ct 3)
  - 2 Rpt meas 1
  - 3 Rpt meas 1, but now moving and facing L
  - 4 Rpt meas 3
  - 5 Facing ctr, step R beside L, bringing arms slightly back (ct 1); bounce on R while bring arms up (ct 3)
  - 6 Leaving arms up, step L (ct 1); bounce on L (ct 3)
  - 7 Leaving arms up, step R (ct 1); bounce on R (ct 3)
  - 8 Leaving arms up, step L (ct 1); bounce on L (ct 3)
- Rpt from meas 1 bringing arms down on first step of meas 1.

Presented by Michael Ginsburg  
Idyllwild F.D. Camp, 1992