

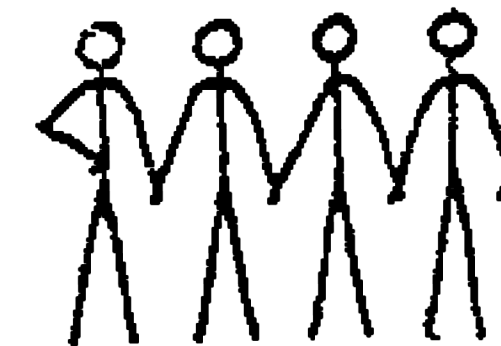
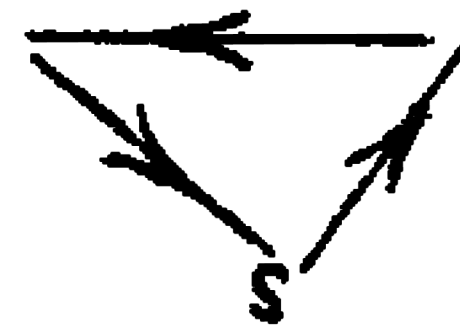
(Little Girl From Seres)

also

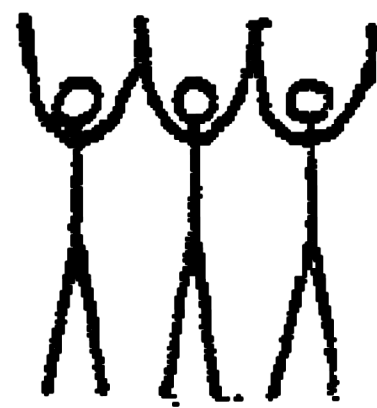
I K O S I E N A

(21)

RHYTHM: 7/16 Counted 1 and 2 and 3 and ah, or slow quick  
 RECORD: Folkraft LP-8 - "PONTIC DANCES" EP No. 1234  
 STARTING POSITION: "V" Hold, close. Right foot free, face slightly right. Pattern is a triangle.



<u>MEASURE</u>	<u>STEP</u>	<u>BASIC:</u>
I	d 1)	Step sideward right on right foot (counts 1-2)
	d. 2)	Slide and close left foot beside right (count 3)
II	d d. 3, 4)	Repeat pattern of measure I
III	d 5)	Cross and step on right foot in front of left (counts 1-2)
	d. 6)	Slide slightly sideward left on left foot (count 3)
IV	d d. 7, 8)	Repeat pattern of measure III
V	(Raise Arms) 9)	Step backwards on right foot (count 1 and)
	10)	Step on Left foot next to right (count 2 and)
	11)	Step on right foot in place (count 3 and, ah)
VI	12-14)	Repeat measure V reversing footwork
VII	15-17)	Repeat measure V
VIII	18-20)	Repeat measure VI (Lower arms count 3)

VARIATION: (Measure I)

I	1)	Stamp right foot in front of left foot
	2)	Stamp right foot to the right of left foot.
II	3 4)	Same as basic but drop right shoulder and shimmy.

VARIATION: (Measures I & II)

I	1)	Cross right foot over left bending knees in a slight crouch to face left (counts 1-2)
	2)	Pivot on right, hop to face L.O.D. crossing left foot over right foot (count 3)
II	3)	Step on left foot (count 1-2)
	4)	Pivot on left to face left, crossing right foot over left foot (count 3)
III - V	5-7)	As in basic

