

ŠESTINSKI DRMEŠ
Croatia (Yugoslavia)

Šestinski drmeš (SHESS-teen-skee DRR-mesh, "Drmeš from Šestine"), as its name implies, comes from the village of Šestine, in the so-called Prigorje region of Croatia, just north of the capital city of Zagreb. Prigorje is the home of a number of other dances known to U.S. and Canadian folk dancers, such as *Kriči*, *kriči*, *tiček*, *Sukačko kolo* and *Prigorska polka*.

Recordings: Monitor MF 344; Jugoton LSY 61203 (LP's), "Šestinski drmeš"

Meter: 2/4

Formation: Small circles (can be done in large circles, but better momentum is achieved with 4 or 5 dancers), men & women, hands joined in back basket. Can also be done as a couple dance, in which case W places hands on M's shoulders, he places hands at her shoulder blades.

MEASURE	ACTION
<u>Part I - Walking step left</u>	
1-7	14 very "proud", erect walking steps facing and moving L (CW around circle), beginning with Lft.
8	Continuing in this direction, stamp Lft, Rft.
9-16	Continuing in this direction, repeat mov'ts of meas 1-8.
<u>Part II - "Ker-PLOP" steps</u>	
17	With a very slight preliminary hop on Rft ("ker-"), land on both feet, flat and apart (ct 1) with Lft fwd bearing main weight, continuing to move CW around circle. Close Rft to Lft, taking weight (ct 2) ("PLOP"). The Rft actually passes the Lft when the circle revolves rapidly.
18-23	Six more "ker-PLOP" steps continuing CW, for a total of 7.
24	Continuing CW, stamp Lft, Rft.
25-31	Seven more "ker-PLOP" steps continuing CW.
32	Stamp Lft (taking wt), Rft (no wt), turning to face R (i.e., CCW around circle).
<u>Part III - Walking steps right</u>	
1-16	Reverse footwork and direction of Part I, i.e., moving CCW.
<u>Part IV - "Ker-PLOP" steps right</u>	
17-32	Reverse footwork and direction of Part II.

Presented by Dick Crum