

KOLA - SHUMADIA (Shestorka)

Dance of six  
(Yugoslavian)

**Music: Records - Sonart M 212; Folkway Records 805 B, 2nd Band.**

**Formation:** Dancers form lines of 6 people the 4 lines arranging themselves in squares. Dancers hold onto L of neighbor. End dancer places free hand behind back.

- Meas. I. Dance is done with slightly bent bouncing flexible knee. Knee is bent with each step.  
1-16 Step R, cross L behind R, step R hold L in front of R half way between ankle and knee. Repeat to L, starting with L ft. Repeat 4 times.
- II. Progressing to R, step R, cross L behind R, step R, cross L behind R, step R, cross L behind R, step R hold L in front of R (knees slightly bent and flexible). Repeat to L stepping down on L.  
1-16
- III. Step heavily across L with R, figure bent fwd over ft, straighten slightly and with L ft behind R, replacing it. Three small steps in place R L R. Step heavily across R with L ft, body bent fwd - exchange with L and step R L R with small steps in place.  
1-16
- IV. Body facing front with movement generally fwd jumping slightly. R in back of L displacing L ft, L in back of R displacing R ft, R in back of L (front - back - front). Move fwd 3 steps (small).  
1-16 Repeat 8 times.  
1-16 Repeat I.  
1-16 Repeat II.  
1-16 Repeat III.
- V. Bouncing Step - raising and lowering heel off floor and flexing knee. Three small bounces R - three small bounces L - one large bounce R - 1 large bounce L - three small bounces center.  
1-16 Repeat 4 times.
- VI. Running Weaving Step. Body bent fwd. Running fwd alternate R L in weaving step 4 times. Repeat step weaving bkwd beginning R or free ft.  
1-16 Repeat I.  
1-16 Repeat II.  
1-16 Repeat III.  
1-16 Repeat IV.

-- presented by Anatol Youkowsky