

Shestorka Sitna

This is a male-female dance from the region of Bela palanka, South-East Serbia. Shestorka Sitna horo-dance has one figure, symmetrically performed 4 measures to the right, 4 measures to the left. The metre is 2/4.

Starting position: The dancers stand in a semi-circle facing the center, "Na lessa" hold..

First figure (to the right):

First measure:

At "one" - step on R-foot to the right

At "two" - step with L-foot to the right

Second measure:

"Varalitsa"- movement (False movement, "fint")

At "one" - step on R-foot to the right, facing the center, L-foot doesn't touch the ground (false movement to the right)

At "two" - step on L-foot to the left, facing the center, R-foot doesn't touch the ground (false movement to the right)

Third measure:

At "one" - step on R-foot forward

At "two" - step on L-foot backward

Fourth measure:

At "one" - step on R-foot in place

At "two" - hop on L-foot

Dancing to the left is mirroring of the dancing to the right.

Note: All steps could be performed in jumping way