SESTORKA FROM BELA PALANKA (Serbia)

There are a number of "Sestorke" found in the Nisava River Valley in East Serbia. The one given here, collected from natives of the towns of Spaj and Bela Palanka (Beh-la Pah-lahn-ka) by Yugoslav dance researchers Ljubica and Danica Janković in 1934, is no longer done today, though it lives in the memories of some local old-timers.

RECORD:

KS 406-A

FORMATION: "Lesa" formation: mixed lines of dancers with belt hold,

R arm under, L arm over.

2/4	PATTERN
Meas.	
1	Facing and moving R, step-hop on R (cts 1-2); note that during the step-hop, the L moves fwd past R in preparation for movement of meas 2.
2	Contine moving R, step-hop on L (cts 1-2), bring free R fwd past L.
3	Turning to face ctr, step R slightly R (ct l), close L to R (L arch near R toe) taking wt (ct 2).
4	Repeat meas 3.
5	Small hop on L in place (ct 1), step R in front of L (ct &), step L in place behind R (ct 2).
6	Step R in place beside L (ct 1), step L in place (ct 2).
7	Repeat meas 5.
8	Step-hop on R in place.
9-12	Repeat meas 5-8 with opp ftwk.

Presented by Dick Crum