
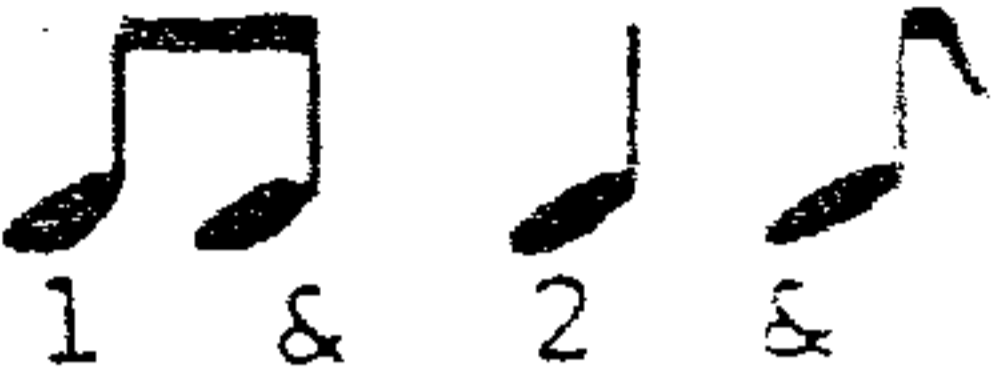
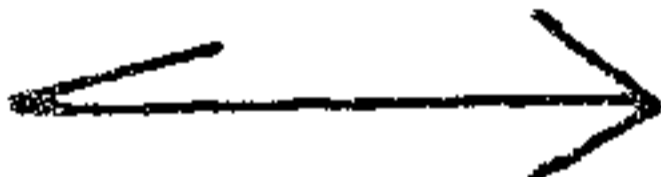


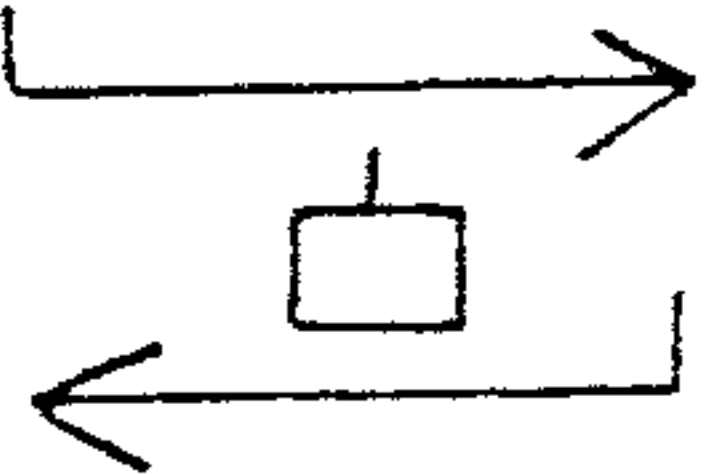


SEVDELINOBULGARIA

- TRANSLATION : Sevdelina is a girl's name.
- ORIGIN : The dance is done to the song with the same name. It is being danced in the town of Belica and other villages in the region of the town of Razlog, Pirin ethnographic area.
- METER : 5/8  counted as 
1 & 2 &
- MUSIC : Cassette Nina Kavardjikova 1994.01.
- SOURCE : Kostadin Rujčev, dance researcher and choreographer from the town of Blagoevgrad, Bulgaria.
- STYLE : Bulgarian Macedonia style:
- typical for this dance is the performance of the steps on the heel or the ball of the ft
- vertical bounces by bending and straightening the ankles and knees
- the arms in W-position bounce naturally on the rhythm of the steps
- FORMATION : Open circle.

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u>	<u>Part 1</u>
	1	1	Step on R heel	
		&	Step on ball of L ft behind R heel	
		2	Small step on R ft, bending R knee	
	2-8		Repeat action of meas 1 seven more times	
<u>Part 2</u>				
	1	1	Step on R heel	
		2	Step on ball of L ft behind R heel, bending both knees and put wt on whole R ft	
	2-3		Repeat action of meas 2 two more times	
	4	1	Jump on both ft together	
		2	Leap onto R ft, flicking L heel bkwd	
	5-8		Repeat action of meas 1-4 with opp ftwk and directions	

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u>	<u>Part 3</u>
	1		Repeat action of meas 1 of Part 2	
	2		Repeat action of meas 4 of Part 2	
	3	1	Step on L heel	
		&	Step on ball of R ft behind L heel	
		2	Small leap onto L ft, bending L knee and flick R heel bkwd	
	4		Repeat action of meas 3 with opp ftwk and directions	
	5-8		Repeat action of meas 1-4 with opp ftwk and directions	

DANCE ORDER :

Introduction : 16 bars
Part 1, 2 and 3 (3x) + repeat Part 3
Repeat entire dance sequence one more time.

Presented by Nina Kavardjikova
Statewide Institute May 28, 1994