

SHADRACK'S DELIGHT

By Tony Parkes

Formation: Contra lines, 1,3,5, etc., cpls active and crossed over.

Music: Any well-phrased 64-count jig.

<u>Cts</u>	<u>Actions and explanations</u>
1-8	WITH THE ONE BELOW DO SA DO -- Actives do sa do with corners, once around and a little bit more to end in a line of four with hands joined (corners by R) as in an Ocean Wave, actives facing down, inactives facing up.
9-16	BALANCE AND TURN RIGHT HALF -- Balance (4 cts), release L hands in ctr, corners turn by R half way to reform the line, actives facing up, inactives facing down.
17-24	BALANCE AND TURN LEFT HALF -- Balance (4 cts), release R hands and men turn half by the L.
25-32	SWING YOUR OWN -- Each now swing own ptr (on opp side of set), to end in a line of four facing down the set, each M with his ptr on R.
33-40	DOWN IN FOURS AND WHEEL TURN -- Lines dance down the set four steps and each half of the line does a wheel turn in four steps to reform lines, all facing up, W still on ptr's R.
41-48	BACK TO PLACE AND CAST OFF -- Lines dance back to place in four steps and cast off in four more steps.
49-56	RIGHT AND LEFT THRU -- Cross the set with a R and L thru. <u>Partial progression</u> has been made, the active M are down one place but the W are still in the "wrong" line.
57-64	TWO LADIES CHAIN -- Ladies chain across <u>completing the progression</u> to start.

To prompt this dance:

Intro - - - -, With the one below do sa do  
 1-8 - - - -, R to the corners and balance four  
 9-16 - - Turn right half, - - balance four  
 17-24 - - Men turn left half, - - swing your own  
 25-32 - - - -, Put her on right go down in fours  
 33-40 - - Wheel turn, - - come back to place  
 41-48 - - Cast off, - - right and left thru  
 49-56 - - - -, With the music ladies chain\*

\*Caller indicates CROSS OVER every second and alternate sequence through the dance.

As the dancers learn the figure, less prompting is necessary. For example:

57-64 - - - -, New one below do sa do  
 1-8 - - - -, - - - Balance  
 9-16 Turn right, - - - balance  
 17-24 - - Men turn left, - - - swing

SHADRACK'S DELIGHT (continued)

25-32 - - - -, - - Down in fours  
 33-40 - - - Wheel, - - - back  
 41-48 - - - Cast off, - - right and left thru  
 49-56 - - - -, - - - Chain

Note: This is a fine dance utilizing the action now called "Ocean Wave" as it was originally intended to be danced -- with a 4-ct balance. Try a Scottish Jig (Jimmy Shand's band for example) at the recorded tempo and it is a delight.

The dance was named for Betty and "Shadrack" McDermid.

Presented by Don Armstrong