

SHAM HAREH GOLAN (Kenereth)      Dance: Jonathan Gabait  
(There they are the Mountains of Golan)      Music: N. Shemer

Formation: Line, facing Counter Clockwise, all join hands.

PART ONE

- 1- 4      Fast walk on right, left, right, left.
- 5- 6      Sway forward on right and sway back in place on left  
            with bent knees.
- 7- 8      Sway forward on right and bring left heel forward  
            keeping it raised up.
- 9-12      Lightly touch left heel 2x in front of R.
- 13-15     Step back on L., step back on R., forward on L.
- 16        Hold.

PART TWO: Face center

- 1- 2      Sharply step-cross with a big R. over the L.
- 3- 4      Lightly place left heel in front of the R.
- 5- 6      Step on L. in place.
- 7- 8      Bring R. heel forward down in front of L.
- 9-10     Step on R. in place.
- 11-12    Bring L. heel forward down in front of R. and step  
            on L. in place.
- 13-16    Step back fast on right, left, right, left.
- 17-32    Repeat 1-16.

BACK FROM ISRAEL - Hadarim III - Side II, band 2.

