

MOUNTAIN MOON DANCE
(Taiwan)

Presented by Ching Shan Chang, Holiday Camp 1977
Notes by Joan Bennett
Record CYC-0002

Formation: Circle, hands held down unless otherwise noted.

Meas.	Count	Footwork	Arms and other special
Step 1		Crossing traveling step	
1	1	Stomp R diagonally across (and in front of) L, lifting L behind R	Body turns to almost face RLOD
	2	Step L behind R (in starting position)	Body faces center of circle
	3	Step R to R side	
	4	Step L in LOD across and in front of R	
2-6		Repeat meas. 1 five more times. Will need to pivot slightly on L to start step again by crossing R (from count 4 to 1)	
Step 2		Arm Flings	Drop hands
7	1	Step R to R, weight on both feet knees bent	Slap both knees (Rhand to R knee, L to L)
	2	Weight stays on both feet, legs straighten	Fling arms up, overhead body leaning slightly to R
	3	Weight on both feet, knees bent	Slap both knees as in ct. 1
	4	repeat ct.2	Fling arms up, overhead body leaning slightly to L
8	1	Weight on both feet, knees bent	Slap knees as in mea.7
	2	Touch L toe behind R at heel, knees bent	Arms extend to R (L arm across chest) at full extension
	3	Step L to L, weight on both feet, knees bent	Slap knees as in Mea.7
	4	Touch R toe behind L at heel, knees bent	Fling arms to L as in ct.2 (R arm across chest)
9-12		Repeat measures 7 and 8 (7,8,7,8,7,8)	
Step 3		Stomps	Rejoin hands, held down
13	1	Stomp R to R (LOD)	Arms swing backward sharply
	2	Close L next to R	Arms swing slightly forward
	3-4	Repeat ct. 1&2	repeat
14	5-6	Repeat Ct. 1-2, meas. 13	repeat as ct.1&2 meas.13
	7	Step R to R	Arms stop swinging here
	8	Swing L leg across R (in front)	
	9	Step L to L	
	10	Swing R leg across L as in ct 8	
14		Repeat meas. 13	
Step 4		Step behind step swing	
15	1	Step R to R (LOD)	
	2	Step L behind R	
	3	Step R to R	
	4	Swing L across R (as in Ct. 4 meas. 13)	
16		Repeat meas. 15 opp.ft.wk. (Step L to L, R behind, L to L, swing R leg across L)	

Continued.

<u>Meas.</u>	<u>Counts</u>	<u>Footwork</u>	<u>Arms, other special</u>
Step 5	Rocking Step		
17	1	Stomp R to R (LOD)	Drop hands, Arms folded across chest
	2	Close L next to R	Swing arms to right, still folded
	3-4	repeat ct. 1&2	Swing arms to Left
			repeat ct. 1&2 (rocking motion as in rocking a baby, body and shoulders join motion of arms)
18	1-2	repeat ct. 1&2, meas. 17	repeat
	3	Stomp R to R	Arms swing to R
	4	Touch L to R, pivoting on R to face out of circle (turn R shoulder back)	Arms remain to R during turn
19	Repeat meas. 17 with opp. ft. wk. moving LOD but facing out of circle (Stomp L to L, close R next to L, etc.)		Repeat meas. 17 opp. arm work
20	Repeat meas. 18 with opp. ft. wk. (Pivot will come on L foot - turn L shoulder back to face center)		Repeat meas. 18 opp. arm work
Dance repeats from beginning 3 more times (4x total) after last time through dance:			Join hands, held down
	1-8	weight on both feet, straighten knees on each count	arms extended overhead, shake hands at sky
	9-16	weight on both feet	bend over from waist, arms hanging down, shake hands toward ground

(on last count can add a jump into the air, throwing arms upward and yell "ya-hoo")

Special styling notes:

Step 2 Arms. On each throw of the arms, hands are loose on wrist and are flipped in the direction of the arms on the count.

Step 5 Arms. The motion here is similar to rocking a baby, ribs and shoulders are involved in the motion. However, movement should be sharper and more horizontal - as in nudging someone next to you with your elbow.

Presented at the 1978
All College Festival
At OSU

By Joan Bennett
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