

DANCE: Gabi Zadeh

SHAV EL ADMATI  
(Return to my Country)

FORMATION: Circle, facing CCW, holding hands.

PART ONE            FACE CCW  
 1 - 4            Step forward on l., r., l., r.  
 5            Point forward with l.  
 6            Point back with l.  
 7            Step forward on l. bending body forward with arms down  
                  and knees bent.  
 8            Hop in place on r.  
 9 - 32        Repeat 1-8 three more times (total set of 4)  
                  NOTE On the fourth time, the last time, hop- $\frac{1}{2}$  turn CCW on r.  
                  to face opposite line of direction-CW.

PART TWO            FACE CENTER  
 1            Step-brush on l. heel in place.  
 2            Hop on r. in place and forward on l.  
 3 - 4        Step forward on r. and touch forward with l.  
 5 - 8        Repeat 1-4.  
 9 - 10      Two-step with l. moving backwards.  
 11 - 12     Two-step with r. moving backwards.  
 13 - 14     Yemenite left.  
 15 - 16     Yemenite right.

PART THREE        FACE CENTER  
 1 - 2        Two-step forward with l. bending body forward with arms  
                  down and knees bent.  
 3 - 4        Step forward on r., l. bringing arms up and straightening  
 4            body.  
 5 - 8        Repeat 1-4.  
 9 - 12      Turn CW on l., r., l., r.  
 13 - 14     Yemenite left.  
 15 - 16     Yemenite right.  
 17 - 32     Repeat 1-16