

Shav El Admati

Israel

CHOREOGRAPHER: Gabi Moti

TRANSLATION: Returning to my Homeland

MUSIC: Avihu Medina

STRUCTURE: One Stanza, 3 parts

FORMATION: Circle, join hands, CCW

STYLE: Bouncing steps throughout

Meter: 4/4

PATTERN

PART ONE: (face CCW, join hands)

- 1 - 4 Step-Bounce FWD CCW with L.R.L.R
- 5 - 6 Touch L FWD, bounce R knee, touch L BWD, bounce R knee
- 7 - 8 Touch L FWD, knees slightly bent, bounce and lift L slightly
- 9 - 32 Repeat 1 - 8 three more times (total 4 times) with the last lift of L, turn left to face center

PART TWO: (face center, join hands)

- 1 - Touch L heel FWD and hop on R
- 2 - 3 Step-Bounce L and R FWD into center
- 4 - Close L
- 5 - 8 Repeat 1 - 4 continue moving into center
- 9 - 12 Two Step-Together-Step BWD to LOC with L and R
- 13 - 16 Two Yemenite steps with L and R

PART THREE: (face center, join hands, moving CCW)

- 1 - 2 Bend body FWD, cross L in front and Step-Together-Step moving right
- 3 - 4 Straight body, step R to right, touch L heel in front, hands held and bent at elbows
- 5 - 8 Repeat 1 - 4
- 9 - 12 Full turn to own right with 4 Step-Bounce L.R.L.R
- 13 - 16 Face Center, rejoin hands, two Yemenite steps with L and R
- 17 - 32 Repeat 1 - 16

Original dance notes by David Edery

Presented by David Edery
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