

## SHAVALEE - HOOSHIG MOOSHIG

SHAVALEE is an old Armenian dance from the province of Erzeroum (Garin) in western Armenia. The dance step itself was fairly widespread, and danced to the melody "Shavalee" in some areas, and to the dance-song "Hooshig Mooshig" in other areas. Both melodies are closely related, and are 10/16 tempos. This tempo is extremely common and popular today, as the basic "Shuffle". As such, SHAVALEE is ideal as a change of pace if one tires of a continuous diet of "the Shuffle" at a party.

Source: Shavalee- Tom Bozigian, Mrs. Hasmig Aroian.  
Hooshig Mooshig- Margaret T. Kyrkostas, Hourig Sahagian, Arsen Anoushian.

Music: Dance Armenian Side A-band #7, Side B-band #3,  
Traditional Armenian Dances (vol 1) Side A-band #3, or any good medium tempo 10/16 "Shuffle" music.

Style: Men's movements are smooth and restrained. Actually, this dance was primarily done by women, and ideally it should exhibit the graceful, subtle Armenian woman's style.

Formation: Open circle dance in "Armenian hold" (little fingers interlocked with hands held at shoulder height).

<u>Meas.</u>	<u>Ct.</u>	<u>Movements</u>
1	1,2	Facing center, step L to left as arms move slightly to left (ct 1). Step R beside L as arms move slightly to right (ct 2).
2,3	3-6	Repeat (meas 1) twice (cts 3-6).
4	7,8	Step L to left as arms move slightly to left (ct 7). Close R beside L with no weight, keeping the arms to the left (ct 8).
5	9,10	Step R to right as arms move slightly to right (ct 9). Step L beside R with no weight, arms remain slightly to the left (ct 12).
6	11,12	Step L to left as arms move slightly to left (ct 11). Step R beside L with no weight, arms remain slightly to the left (ct 12).
7	13,14	Step R to right as arms move slightly to the right (ct 13). Step L across R as arms move slightly to the left (ct 14).
8	15,16	Step R to right as arms move slightly to right (ct 15). Step L beside R with no weight as arms remain slightly to the right (ct 16).

*Leif Forman*