

# Sheharhoret

"Dark skinned girl, you are beautiful. My heart is all yours."

## SHEHARHORET (Dark Skinned Girl)

Music: Traditional

Dance: Yacov Levy

Formation Couples, side by side, face CCW.  
M inside, W outside. Join inside hands;  
M's step described; W's opposite foot.

### Part One

- 1-4 Yem L
- 5-6 Bend both knees
- 7-8 Stretch both knees
- 9-12 3 steps fwd RLR and hold
- 13-16 Yem L
- 17-19 Release hands; 3 steps in place RLR;  
one full turn to right side; end up  
facing partner.
- 20 Hold
- 21-22 Join both hands; L bwd
- 23-24 R fwd
- 25 L bwd
- 26 R fwd
- 27 Close L to R
- 28 Hold
- 29-30 Cross arms in front and snap fingers
- 31-60 Repeat 1-30

### Part Two

- 1 W touches her own palms (prayer  
position); M touches backs of W's  
hands; R to right side
- 2 L crosses in front of R
- 3 R bwd
- 4-6 Release hands; 3 steps to left side  
LRL and complete one full turn to  
left side
- 7 Close R to L and snap, arms crossed
- 8 Hold
- 9-16 Repeat 1-8

### Part Three

- 1-4 Both start with the same foot,  
ballroom position; Yem R fwd
- 5-8 Release right arms; Yem L
- 9-32 Repeat 1-8 three more times