

SHEENA

(Russian)

FOLK CRAFT 1107B

FORMATION: 8 couples in regular square formation*. 2 couples on each side of the square numbering from one to four CCW around the set, the 2 couples with their backs to the music are "one" or head couples. M keeps free hand on hip; Woman holds skirt. Partners have R joined.

STEPS: Walk*, Pivot*. Note: there are 2 steps per meas. In every figure M begins L, W-R.

MEASURES

INTRODUCTION

2 Measures - Partners face each other, bodies erect.

I - GRAND RIGHT & LEFT

1-16 All do a grand R & L, elbows bent and hands held high. Finish with own partner in original position (facing opp. couple).

II - GREBIENKOY (COMB THROUGH) AND PIVOT

1-4 Head couples (1 & 3) join R with partner. Walk fwd. 4 steps (twd opp cpl) and bwd to place 4 steps.

5-6 Same 4 couples (1 & 3) walk fwd 4 steps. Release partner's hand to pass opp. person by R shoulder, and while passing shout "Grebienkoy" (grab-yen-koy).

7 Partners again join R and advance to opp position with 2 steps.

8 With 2 steps (hands still joined) couples turn CW to face original (home) position.

9-10 The 4 head W (1 & 3) move fwd (twd opp M) with 4 steps, leaving room between each other.

11-12 With 4 steps the head M move fwd and step in front of their own ptr (W are standing still).

13-16 Assume closed position* and with 8 steps all 4 head couples pivot to own original position.

During this action the side couples remain in place

III - ARCHES (VOROTA)

Couples 1 and W of couples 3 are active. All other dancers remain in place. M of couples 1 place their R arms around ptr's waist; W of couples 1 place L hands on ptr's inside shoulder. Stand with inside shoulders adjacent and join free hands holding them low (arms extended downward).

1-2 Couples walk fwd (4 steps twd opp).

3-4 Walk bwd to place 4 steps.

5-6 Walk fwd 4 steps

7-8 Release ptr; join inside hands (MR, WL) and with 4 steps make 1 turn CCW (M stps bwd in place while 2 moves fwd. with long strides), stretching out to finish in arch formation facing opp, (#3) W. Simultaneously W of couples 3 move fwd with 4 steps to finish facing arches of opp. couples.

9-10 With 4 steps W of couples 3 go under the arch formed by own opp. (#1) couple turn away from the center of the set and walk around to meet in front of the 2 couples who were the arches. Both W join inside hands (as they face the #1 couples) to form an arch. Simultaneously each W of the #1 couples turns CCW under her own arch (following the #3 W) with 2 steps; then #1 M turn CW under their own arches with 2 steps.

more

SHEENA (Russian) Continued

- 11-12 With 4 steps both M (of couples 1) lead their partners under the arch formed by W (of couples 3) and turn CW to face home position making arch.
- 13-14 With 4 steps both M (of couples 3) turn and go under the arches to home position, while couple 1 walk fwd twd their home position.
- 15-16 Assume closed position and with 4 steps couples 1 pivot to home position, while couples 3 pivot in place.
- 1-16 Repeat action of Fig. III, Meas. 1-16, with couples 3 leading. During all of Fig. III, side couples remain inactive.
- IV SINGLE STARS
All 8 M advance to center, form a R hand star (hands held high) and walk once around (CW) with 16 steps. Finish in original position.
- 9-16 All 8 W star R once around (CW) and back to place with 16 steps. All inactive dancers remain in place.
- V GRAND RIGHT AND LEFT
- 1-16 Repetition of Figure I.
- VI REPETITION OF FIG. II - GREBIENKOY & PIVOT
Couples 2 and couples 4 perform action of Fig II, Meas. 1-16. Couples 1 and 3 remain inactive.
- VII REPETITION OF FIGURE III - ARCHES
- 1-16 Couples 2 & 4 perform action of Fig III, Meas. 1-16, and Meas. 1-16
- 1-16 REPEATED: Couples 1 & 3 remain inactive.
- VIII-GRAND STAR
- 1 M crooks R hand. W places L hand in M elbow.
- 2-8 M form a L hand star and all walk CCW.
- 9-16 Turn to face CW (M backing around) and release R hands. W form a R hand star, placing L in crook of partner's elbow (M hands are on hips) and walk CW with 16 steps. Finish in home position.
- IX - OBKHOD PO KRUGU (THE WALK IN THE CIRCLE)
- 1-2 All face CCW. M remain on inside of circle with W on their R.
- 1-2 Assuming dance position as in Fig. III, all M swing their ptr CCW (M moving bwd, W fwd) with 4 walking steps. M finish on inside of circle.
- 3-4 M walk fwd (CCW to next W with 4 steps (W step in place).
- 5-16 Repeat action of Fig. IX, Meas. 1-4 three more times.
- 1-16 Repeat action of Fig. IX, Meas. 1-16, M bow, W curtsy to partner. (Repeated).